Active Essex School Sport & Physical Activity Bulletin

“As County Sports Partnership, Active Essex is the commissioner for School Sport. As such it is responsible through funding provided by Sport England and Essex County Council, to provide support for schools throughout Greater Essex in relation to the effective spend and the resultant impact of the delivery of High Quality PE & School Sport and of the Primary Sport premium.

This and subsequent bulletins, along with the pages at www.ActiveEssex.org, outline support and opportunities that are provided by Active Essex.”

Dear Colleagues,

Ironically the Association for Physical Education Conference in July 2018 is titled It’s Raining Initiatives. Since the summer holiday we have seen the release of the new Primary PE & Sport Premium funding framework, The Lawn Tennis facilities funding, the roll out of the Active Lives 14 -19 Survey and most recently the Healthy Pupils Capital Fund (HPCF). All of this means that circa £500 million is available for PE & School Sport. We will keep schools updated through this bulletin but I would urge all schools to try to keep abreast of changes and make applications either on their own behalf or as a group of schools.

Brian Shaw; Strategic Lead Education and Skills

### Active Lives Survey

Active Essex will be working with schools across the county to roll out the new ‘Active Lives: Children and Young People’ – survey, providing a world-leading approach to gathering data on how children engage with sport and physical activity. This will give anyone working with children aged 5-16 key insight to help understand children’s attitudes and behaviours around sport and activity.

Each school that takes part will be given a bespoke report summarising their own results from the survey, covering measures of children’s activity levels, physical literacy, swimming proficiency and wellbeing. The reports will give staff evidence and insight into how their school is performing in terms of engaging its pupils in sport and physical activity. These will not be published or used to compare schools.

In addition, each participating school will receive at least £100 to thank them for their involvement in the study.

detailed information can be found at; www.sportengland.org/research/active-lives-children-and-young-people/information-for-schools/

### New Primary PE & Sport Premium Guidance

Active Essex is pleased that the Department for Education (DfE) has announced changes to the Primary PE & Sport Premium which in effect double the allocated amount for each school.

Detailed information released over half term can be found at; www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools
Further support can be found on the Active Essex website at; www.activeessex.org/programme-landing-grid/?wpvprogramme=primary-pe-and-school-sport-premium

### Show Racism the Red Card is the UK’s leading anti-racism educational charity

Working in partnership with Active Essex, SRTRC provide educational workshops, training sessions, multimedia packages, and a whole host of other resources, all with the purpose of tackling racism in society. Established in January 1996, the organisation utilises the high-profile status of football and football players to publicise its message. Across Britain, Show Racism the Red Card delivers training to more than 50,000 individuals per year.

A team of educators and ex-professional football players can visit your school for a whole day educating young people from year 4 up to year 13 against racism. In addition to their direct work with young people they are able to offer teacher training - either full day, inset/in-service or twilight sessions along with a host of resources.

http://www.theredcard.org/education/

### Training Opportunity Staff CPD

SRTRC will be hosting a Teacher Training event in Chelmsford on behalf of the hate crime project on: 16th November, 9am until 3pm at the Chelmsford Council Chambers.

We are keen to engage with both secondary and primary schools from across the county and hope that you are able to this event. For more information and to register your attendance please contact; martina@theredcard.org

### Education Small Grants

Active Essex is once again proud to announce that our Education Small Grants programme is back for 2017-18. Both our Women & Girls and Early Years small grants will open on: Friday 3rd November to any schools, academies, colleges or Early Years/Foundation Education providers based within Greater Essex.

Grants of up to £400 are available to develop sport and physical activity within each sector. This can be achieved in a number of ways, from supporting research and consultation to inform delivery, staff or volunteer training and development, parental/carer engagement or simply introducing new and needs led activities. We need you to support us in our mission to get 1 million people active in Greater Essex! More information and application forms can be found at: https://www.activeessex.org/programme-landing-grid/?wpvprogramme=education-small-grants

### BHF Fund raising events

AllStar Games is our exciting fundraising event that gets your young people, enthusiastic about joining an adrenaline-fuelled sports day style event and raising money to save lives.

Hold your event any time, anywhere

AllStar Games is a brand new, high-energy fundraising event for schools and communities. Sign up now and receive fundraising ideas, start and finish lines, wristbands, certificates and everything else you’ll need to put on a fun children’s sporting event that raises money for life saving research.

https://www.bhf.org.uk/getinvolved/events/schools-events/allstars/sign-up
**Autumn Term 2**

**October 2017**

**Issue 15**

**Health & safety update;**

Each week we receive many questions and enquiries about Health and Safety in PE & School Sport. It would be impossible to report on all of them in these bulletins. I would urge all colleagues to visit [www.afpe.org.uk/physical-education/health-safety-faqs-downloads/](http://www.afpe.org.uk/physical-education/health-safety-faqs-downloads/). On this site you will find all of the recent H&S missives and an excellent frequently asked questions page which this month features footwear, nursery apparatus and use of coaches guidance.

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**Dates & Upcoming Events/CPD**

**School Games Events**

Please visit the link below for the full Essex School Games Calendar: [http://www.activeessex.org/programme-landing/?wpvprogramme=school-games](http://www.activeessex.org/programme-landing/?wpvprogramme=school-games)

**High 5 Netball Workshop**

Final spaces available on our next course:

- **Date:** Thursday 2nd November 2017
- **Venue:** New Hall School, The Avenue, Chelmsford, Essex CM3 3HS

This workshop will give guidance and ideas on how to deliver a High 5 netball session to Under 11’s. So if you are a club coach with a junior section at the club or a teacher at a primary school, this may be a great workshop for you. For more information or to book your place: east@englandnetball.co.uk

**Introduction to Handball workshop**

Wednesday 15th November 3.45 – 6.45pm at: St Helena School, Colchester. Cost: £28

This course is open to both primary and secondary staff and deliverers and will include:

- How to teach component skills of the game
- How to use equipment and space creatively
- How to use the rules of handball
- A basic understanding of the rules of handball
- How to deliver a High 5 netball session to Under 11's.

- **Date:** Thursday 2nd November 2017
- **Venue:** New Hall School, The Avenue, Chelmsford, Essex CM3 3HS

**FREE FA Primary Teachers Award**

The FA Primary Teachers’ award has been designed to help various groups with the basic awareness of the contribution of an invasion game (football) to the Physical Education purpose of study at KS1 and KS2 linking relevant subject content to support pupil learning. For more information about this course and where they are taking place please contact: creag.lawrence@thefa.com

**LTA Coach Education**

The LTA have a variety of tennis coaching opportunities available in the region for Cardio, primary and secondary Tennis Teacher Training. For more information contact: EducationEast@lta.org.uk

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**Top literary and football names team up to search for young ‘Premier League Writing Stars’**

Former professional footballer Frank Lampard OBE, Premier League player and lyricist Yannick Bolasie, Children’s Laureate Lauren Child and the young people’s laureate for London Caleb Femi have teamed up with the Premier League to help launch Premier League Writing Stars, a poetry competition for primary school children.

Campaign aims to inspire children to write poems based on the theme of resilience. Premier League Writing Stars is part of Premier League Primary Stars, a primary school programme, which offers free curriculum-linked teaching resources.

- **More than 10,000 primary schools** have signed up to Premier League Primary Stars since its launch in March.
- **Inspired by the William Hickson poem** ‘Try, Try Again’, which is recited by footballers in the recent Premier League Primary Star advertising campaign, the competition asks school children to write around the theme of resilience; what does it mean to you to try and try again? Entries can be any form of poetic writing including a rap or lyrics.
- Teachers and parents can register or nominate their child’s school to take part at PLPrimaryStars.com.
- The competition launch coincides with National Poetry Day and entrants will have until 22 December 2017 to submit their original poems.
- All entries are submitted via schools and teachers and parents should visit www.plprimarystars.com to register or nominate their schools to take part.

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**Lords Taverners funding**

New Programme for 2018*

Due to popular demand, the Lord’s Taverners have introduced a new programme for 2018; grants towards bikes and trikes for schools.

Bikes and trikes give young people with special needs the chance to get outside, enjoy exercise, strengthen motor skills and co-ordination and practice important road safety skills. For more information on this and other funding opportunities please use the links below:

- [https://www.activeessex.org/funding/lord-taverners-grant-funding/](https://www.activeessex.org/funding/lord-taverners-grant-funding/)
- [https://www.activeessex.org/funding/lord- taverners-sports-wheelchair/](https://www.activeessex.org/funding/lord-taverners-sports-wheelchair/)

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**Opportunities for players to progress along the England Football Talent Pathway and be invited to join the England Talent Hub.**

For more information contact: creag.lawrence@thefa.com

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**Contact us to book your place (by 4th November)**

Opportunities for players to progress along the England Football Talent Pathway and be invited to join the England Talent Hub.

E-mail: abigail@disability4sport.co.uk

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**Please contact**

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<tr>
<th>Date</th>
<th>Event</th>
<th>Venue</th>
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<tbody>
<tr>
<td>Saturday 18th November</td>
<td><strong>Prep Ball</strong></td>
<td>Moulsham High School</td>
<td>Free, pre- and post-11s, music, dance and <strong>Prep Ball</strong>.</td>
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