Active Essex School Sport & Physical Activity Bulletin

“As County Sports Partnership, Active Essex is the commissioner for School Sport. As such it is responsible through funding provided by Sport England and Essex County Council, to provide support for schools throughout Greater Essex in relation to the effective spend and the resultant impact of the delivery of High Quality PE & School Sport and of the Primary Sport premium.

This and subsequent bulletins, along with the pages at www.ActiveEssex.org, outline support and opportunities that are provided by Active Essex.”

Dear Colleague,
I hope that you have all enjoyed a happy and restful Christmas and New Year. There has been much reflection on the spectacle and achievements ‘in 2016, from the Rio Olympics to the Active Essex Sports Awards which saw Beckers Green from Braintree awarded Physical Education School of the Year. At the start of a new year I wish you all success in this coming year.

Brian Shaw; Strategic Lead Education and Skills

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Education Small Grants
Early Years Funding Release
Active Essex will be releasing our first 2017 Education Small Grant from Monday 23 January. We invite education settings from across Greater Essex to apply for up to £400 to develop and deliver new, sustainable projects that focus on physical activity and the development of physical literacy for Children aged 5 and under.

Full grant criteria and application form will be available on our new look website: http://www.activeessex.org/audience-landing-grid/?wpvaudience=education

Small Grant: Big Impact
In order to share good practice and celebrate the success of previous Education Small Grants we have released the following document. We strongly advise all applicants to view this resource before making an application.
For more information contact: Dawn.Catley@activeessex.org

Keeping Dance Alive 2017
STILL TIME TO CONFIRM YOUR PARTICIPATION
Brought to you by the Dance Network Association in partnership with Active Essex, Limited spaces are available for our 2017 Keeping Dance Alive Programme – Bard to Bollywood.

KDA is an amazing opportunity for your school to develop Dance participation for all and to be involved in high profile performances at premier Essex sporting events.

Primary PE & Sport Premium.
All schools should have received their first payment of the Premium in November 2016 with the second part arriving in this academic year.
To support schools in ensuring that they allocate their grant effectively and that they meet the ‘conditions of grant’ Active Essex has produced a guidance booklet for headteachers and lead deliverers. This publication can be downloaded at: http://www.activeessex.org/programme-landing/?wpvprogramme=primary-pe-and-school-sport-premium

Once again this year schools will be asked to show evidence of impact on their school websites as well as details of their spend. From a number of inspection reports completed over the past half term, we know that the impact infographic provided by Active Essex has allowed schools to demonstrate this to good effect. Once again the resource can be downloaded from the Active Essex website and edited in order to reflect your schools achievements.

Sign up deadline is Friday 13th January 2017, For a full information pack please contact: Gemma Wright on 07490374717/ E: gemma@dancenetworkassociation.org.uk www.dancenetworkassociation.org.uk
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Health & safety update;
Following a number of issues over the past term I would like to remind schools about the guidelines concerning the use of mats around apparatus. In this regard schools should be following the advice to be found in Safe Practice released by the Association for Physical Education and I strongly recommend that all schools have a copy of this publication. Mats do not need to be situated all around equipment e.g wall bars. They should be situated at exit points for pupils or at danger points, e.g where inversions/rotation might be occurring.

Daily Mile
September brought the launch of our Active Essex Daily Mile. Following the inspirational work of Elaine Wylie, founder of The Daily Mile, we are encouraging all Essex Schools to introduce this type of regular activity into their school day.
The initiative is fully inclusive, simple to organise, requires no additional specialist equipment or staff and takes just 15mins to complete.
So far there are at least 64 schools in the county where pupils are walking or running a Daily Mile during the school day and Active Essex is inviting more schools to take part, with incentives for schools on offer. Active Essex will be tracking the results of the Daily Mile across 20 selected schools.

KS1 Awards
Active Essex celebrates Key Stage 1 and Daily Mile Achievements.
Pupil representatives and teachers from 34 Essex Primary Schools were presented for the first time with their Active Essex Active Schools awards at ceremonies held at County Hall in Chelmsford on Thursday 8th December. This is the second year of these county-wide awards, which were created by Active Essex and the Chelmsford School Sports Partnership to recognise high quality delivery of school sport for 4 – 7-year-olds (Key Stage 1).

Presentations were also made at the events to three schools selected by Active Essex as Daily Mile Champions, for achieving a positive impact in their schools through introducing the Daily Mile. Temple Sutton, East Tilbury and Tany’s Dell Primary Schools all adopted the Daily Mile for all pupils and they feature in a new film produced by Active Essex to promote the Daily Mile to other schools.

Azeem Akhtar, Chairman of Active Essex, which promotes sport and regular physical activity to improve health and wellbeing in the county, said: “The early stages of schooling are the perfect time to introduce children to the joy of being active and the sports and games which will help them have fun, make friends and be healthy.” The Vice-Chairman of Essex County Council, Councillor John Jowers, said: “Essex County Council is committed to raising standards of sports and games in all schools and it is excellent to see how many primary and infant schools have achieved the Active School award.
It’s evident from the presentations today that the pupils are benefiting in so many ways and I hope they feel inspired to continue their sporting habits into adulthood.”

Take the first step in the right direction and be in with the chance to win a host of exciting prizes for your school.

Our full Active Essex Daily Mile pack can be downloaded at: http://www.activeessex.org/resource/daily-mile-programme-information-2016/

We have also recently released our Essex Daily Mile film this can also be found at the link above. This is a great tool to share with parents, staff and pupils to bring the Daily Mile to life and see how it fits in to other schools across the county.

DATES & UPCOMING EVENTS

School Games Events
Boccia Thu 12 Jan
Dodgeball Fri 13 Jan
Winter Games Fri 20 Jan
Primary Badminton Fri 27 Jan
New Age Kurling Thurs 23 Feb

Please visit the link below for the full Essex School Games Calendar: http://www.activeessex.org/programme-landing/?wpvprogramme=school-games

Moore Family Fun Run

The West Ham United Foundation is pleased to announce that the Moore Family Fun Run will return for it’s third year on Monday 1 May 2017!
The fundraiser is a fantastic opportunity to get the whole family active over the Bank Holiday weekend!
For more information and to register to participate please visit: http://www.whufc.com/news/articles/2016/october/07-moore-family-fun-run-registration-open

To book a place and for more details on the Run Jump Throw courses contact: rturford@englandathletics.org