Dear Colleagues,

It is with mixed emotions that I write this introduction. After 30 years in the frontline as NQT, teacher, HoD and Assistant Head and then 8 1/2 years as PE Lead with ECC and Active Essex I have decided to retire as from 31st March this year. I know that I will miss the interactions with the many people from across the county who make up the School PE world. I know from experience how much commitment, time, energy and belief that you put into your role, ensuring that all of our young people receive the best PE & School Sport experience possible. I would like to thank all colleagues for that commitment and for the support and friendship that you have shown me. Goodbye and keep up the fantastic work.

Brian Shaw; Strategic Lead Education and Skills

---

**Active Essex School Sport & Physical Activity Bulletin**

“As County Sports Partnership, Active Essex is the commissioner for School Sport. As such it is responsible through funding provided by Sport England and Essex County Council, to provide support for schools throughout Greater Essex in relation to the effective spend and the resultant impact of the delivery of High Quality PE & School Sport and of the Primary Sport premium.

This and subsequent bulletins, along with the pages at [www.ActiveEssex.org](http://www.ActiveEssex.org), outline support and opportunities that are provided by Active Essex.”

---

**Multi Schools Council Conference**

Essex Multi Council held their first conference, ‘Essex all-in Event’ Titled: ‘Every child has a right to be listened to’ at Western Homes Stadium, Colchester.

The event on Thursday 25th January invited both Primary & Secondary Schools (mainstream and SEND) to bring between 5-8 pupils and choose from a series of workshop activities including:

- Mental Health Training
- Changing education
- Leadership with Sports Coaching
- Makaton

Event guests included All together Ambassador Justin Harrison who performed her own fantastic track: ‘Don’t tell me’.

And also John Willis CEO of Power2Inspire, the Charity organisation commissioned to deliver our 2018 Power House Games Series.

For more information or to get involved contact: Kierran.Pearce@marketfield.essex.sch.uk

---

**Winter Games & School Games events**

Pupils from primary and secondary schools across the county have been competing in a range of sports during the Active Essex Winter School Games, held at BATTS Table Tennis Centre, Harlow Leisure Zone and Colchester Garrison. Over 200 pupils from 40 schools across Essex, took part in a range of sports including table tennis, basketball, badminton and squash. The activities were available to pupils of all ages and abilities.

The School Games programme is part of Active Essex’s core programme to engage with children and inspire them to lead healthy and active lifestyles. This, amongst other educational activities such as the Daily Mile, is part of the new four year strategy recently launched by Active Essex which aims to change 1 million lives by getting Essex active.

The Active Essex Winter School Games were supported by 20 Coach Core apprentices who are all working towards developing their skills and experience for a career in the sports and leisure industry.

---

**Active Lives Survey**

Active Essex is working with schools across Greater Essex to roll out the new Active Lives: Children and Young People survey. This will be a world-leading approach to gathering data on how children engage with sport and physical activity. This will give anyone working with children aged 5-16 key insight to help understand children’s attitudes and behaviours around sport and activity.

108 Schools have been randomly selected by Sport England to undertake the survey during the Spring term 2018. Look out for our flyers, emails and social media for more information – if your school is one of those chosen, make sure you don’t miss out! [www.sportengland.org/research/active-lives-children-and-young-people/information-for-schools/](http://www.sportengland.org/research/active-lives-children-and-young-people/information-for-schools/)

---

**Education Small Grants**

We had a fantastic response to our Education Small Grants scheme this year. In total we approved: 47 applications across both Women & Girls and Early Years categories. These applications included a wide variety of projects and programmes that will run from January to March 2018. All projects will be evaluated and impact information shared to support others and to enable the sharing of effective interventions and good practice.

A link to this collated information will be available in the Active Essex Summer bulletin. Thank you all for your continued efforts and your hard work with the children and young people of Essex.

---

**Spring Term 2**

**February 2018**

**Issue 17**

---

**Keeping Dance Alive 2018: The Great War Centenary**

Click the video to view: [https://www.youtube.com/watch?v=0OLUYrQj68&feature=youtu.be](https://www.youtube.com/watch?v=0OLUYrQj68&feature=youtu.be)

This is going to be the biggest year yet! We are really lucky to have not just ONE but TWO amazing creators, Leon Hazlewood and Bobbie Gargrave as well as continuing to work with Essex Music Education Hub and University Centre Colchester to create our personal soundtrack.

For more information or to get involved contact: [https://www.activeessex.org/resource/keeping-dance-alive-201718-great-war-centenary/](https://www.activeessex.org/resource/keeping-dance-alive-201718-great-war-centenary/)

Or contact: Emma: 07561 267 33

---

**Winter Games Basketball Action**

---
Health & safety update;
Each week we receive many questions and enquiries about Health and Safety in PE & School Sport. It would be impossible to report on all of them in these bulletins. I would urge all colleagues to visit www.afpe.org.uk/physical-education/health-safety-faqs-downloads/. On this site you will find all of the recent H&S missives and an excellent frequently asked questions page which this month features the following item:
• Transport in Private Cars (including: The Risk Assessment Process, Regulated Activity, Seat Belts & Child Restraints and Insurance Cover)

PRIMARY PE & SPORT PREMIUM – DEADLINE FOR WEBSITE REPORTING COMPLIANCE 4TH APRIL.

Have your school updated your website? Are you prepared for the 4th April deadline?
A reminder that the reporting deadlines have been changed slightly this year. To comply with the conditions of grant your school need to ensure that;
The PE and sport offer is published.
• It is dated.
• The amount of premium received is shown.
• A full breakdown of how it has been spent (or will be spent) is given.
• What impact the school has seen on pupils’ PE and sport participation is provided.
• The impact that the school has seen on pupils’ attainment is exemplified.
• How the improvements will be sustainable in the future is detailed.
• How many pupils within their year 6 cohort can do each of the following:
  O Swim competently, confidently and proficiently over a distance of at least 25 metres.
  O Use a range of strokes effectively.
  O Perform safe self-rescue in different water-based situations.

PECS: PE Curriculum Support
Sustainable improvement in the quality of PE in your school

The PE Curriculum Support programme (PECS) is a sustainable and effective way for your school to use your Primary PE and School Sport Premium. The tailored work based programme uses mentors who help increase the skills, knowledge and confidence of your teachers in the planning, delivery and assessment of physical education.

98% of teachers felt they had improved their confidence in delivering PE

98% of teachers felt they had improved their ability to work with pupils

97% of teachers felt they had improved their understanding of subject knowledge

94% of teachers felt they had improved their ability to work with parents

99% of teachers felt they had improved their ability to assess pupils

PECS has been developed by Aspire Training Solutions and is recognised by the Association for Physical Education (afPE) as a programme that assures high-quality learning for teachers.

To arrange a free consultation with one of our curricular mentors please contact Education@prosports-solutions.co.uk or 01268 201334

DATES & UPCOMING EVENTS/CPD

School Games Events 2018
Thur 22 Feb   New Age Kurling       BSV
Thur 22 Feb   Post 16 Panathlon    Columbus
Wed 28 Feb   Mini Hockey           JFNA

Link to School Games code of conduct
Please visit the link below for the full Essex School Games Calendar: https://www.activeessex.org/school-games-calendar/2018-01/

Congratulations to the following Essex schools for their outstanding achievements in 2017:

AFPE Quality Mark with distinction
Howbridge Infant School

Active Essex 2018 Sports Awards Education Champion of the Year awarded to Lee Chapel

NETBALL PRO-MO