Active Essex School Sport & Physical Activity Bulletin

“As County Sports Partnership, Active Essex is the commissioner for School Sport. As such it is responsible through funding provided by Sport England and Essex County Council, to provide support for schools throughout Greater Essex in relation to the effective spend and the resultant impact of the delivery of High Quality PE & School Sport and of the Primary Sport premium.

This and subsequent bulletins, along with the pages at www.ActiveEssex.org, outline support and opportunities that are provided by Active Essex.”

Dear Colleague,

I hope that you enjoyed a relaxing Easter break and enjoyed the good weather, hopefully this will continue into the new term making the delivery of Summer Sports within our timetable much easier. Over the past term I have enjoyed visiting schools to observe the enthusiastic delivery of the Daily Mile. The sight of whole school cohorts of young people having fun with physical exercise has been heart-warming. I know that many of you are planning to initiate this during the summer term. If you do, can I ask that you inform us so that we can celebrate the success of Essex schools in raising the levels of physical activity.

Brian Shaw: Strategic Lead Education and Skills

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**Essex Spring Games**

Pupils from primary and secondary schools across the county have been competing in a range of sports during the Active Essex Spring School Games, held at Harlow Leisure Zone, Hadleigh Park and Southend Rugby Club.

Over 500 pupils from more than 20 schools throughout Essex took part in a variety of sports including Sports Hall Athletics, Mountain Biking, Tag Rugby, Sitting Volleyball and All Ability Tennis.

In addition to the sporting achievements, the contribution made by young leaders was also celebrated throughout the School Games. Pupils from Church Langley Primary School in Harlow and James Hornsby High School in Basildon worked alongside Active Essex apprentices to help manage and run the event demonstrating impressive leadership skills.

Azeem Akhtar, Active Essex Chair commented; “We are committed to inspiring children and adults alike to get active and take part in regular physical activity and it was great to see so many schools taking part in this year’s Spring School Games. This was an opportunity for pupils to try new sports see the importance of physical activity to a healthy lifestyle as well as build friendships and work as part of a team.”

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**SEND Learning to Lead Event**

Pupils from two Southend special schools teamed up to take part in a ‘Learning to Lead’ workshop which was held at Lancaster School. 10 students from Lancaster School and 8 from St Nicholas School attended the workshop which was introduced by the Paralympic silver medallist judoka – Ian Rose. Ian was a great motivator and encouraged the students to consider the skills and qualities needed to be a good role model and how to change activities and make them more inclusive by using the STEP model. They worked as teams to devise a range of activities and then took part in a planning session on how to effectively use what they had learnt within their school and community environment.

The day was a great success and the students enjoyed meeting a Paralympian, hearing his story and then working with pupils from another school to learn new skills.

Ian’s message to the students: “Be proud of what you did yesterday and before, be proud of what you are doing today and be proud of what you will do tomorrow and beyond”

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**Primary PE & Sport Premium**

Over past bulletins we have stressed to schools the need to ensure that spend is identified on the school website and that outcomes and especially impact are displayed. The deadline for doing this was the 4th April 2017. From 18th April Active Essex will conduct a review of detail on every primary school website across Greater Essex. To assist schools with this process we promoted the use of the following tools, which some schools are already using to good effect;

- http://www.afpe.org.uk - Evidencing the Impact of Primary PE and Sport Premium -Guidance & Template-
- www.cspnetwork.org - Primary Premium
- www.fitforsport.co.uk/active-schools/healthy-active-schools-system
- www.youthsporttrust.org - Evidencing the Impact of Primary PE and Sport Premium


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Premier League launches most ambitious community programme in aim to connect with 10,000 primary schools by 2019

• Premier League Primary Stars will provide free curriculum-linked teaching resources for girls and boys aged 5-11
• Free to download lesson plans, activities and video content are designed to inspire learning in Maths, English, PE and Personal, Social, Health and Economic Education (PSHE)
• National programme will expand in-school support for teachers provided by 88 Premier League and English Football League clubs in England and Wales
• Alongside this the Premier League launches its first ever national advertising campaign featuring top talent

Primary schools can register for free on www.prlprimarystars.com to enable access to the programme’s full portfolio of resources.
**Health & safety update;**

The use of Coaches within and outside of curriculum time has increased greatly over the past years. This has primarily been to support the delivery and impact of the Primary PE & Sport Premium. Whilst this practice is extremely valuable it is important that schools adhere to the ‘Conditions of Grant’ for the Premium and to Safe Practice Guidelines. A valuable support document can be found at; [www.afpe.org.uk/physical-education/health-safety-faqs-downloads/](http://www.afpe.org.uk/physical-education/health-safety-faqs-downloads/)

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**School Sport Strategy Group.**

This group consisting of 26 Headteachers, teachers, National Governing Bodies, Local Authority, Youth Sport Trust and Health representatives met in April for the second time this year. This group has the remit of overseeing the delivery of School Games across the county and of influencing the delivery of High Quality PE & School Sport in every school across Greater Essex.

At the April meeting the two main agenda items were: continuing the development of the Essex School Sport Charter and discussing how we ensure that Essex benefits from the Sport England funding streams to be introduced later this year.

Details of membership of the forum and minutes of the meeting can be found on the Active Essex website.

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**KS1 Physical Education & Activity Mark**

Active Essex and the Chelmsford School Sports Partnership are pleased that the government announced a significant boost to funding for PE and Sport in our primary schools by extending the Primary Sport Premium. This funding has been used across the county to enhance the provision and quality of PE and school sport within our schools.

Until now there has not been any vehicle by which to officially recognise excellence in delivery of school sport and physical education at Key Stage 1. We are therefore very pleased to offer that schools can now make an online application to be considered for the KS1 Physical Education & Activity Mark.

Applications will be assessed by a panel assembled by Chelmsford School Sport Partnership and Active Essex, and may include a verification visit by a relevant member. Schools can apply for the KS1 Awards at any time of year. The award presentation ceremonies will be made in April/November (based on application numbers) and will then be valid for 2 years.

Apply for your KS1 Activity Mark Here: [https://www.activeessex.org/resource/ks1-award-apply/](https://www.activeessex.org/resource/ks1-award-apply/)

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**Small Grants Case Studies**

Many thanks to all schools who have returned case studies from a number of Women & Girls physical activity projects. Funded by the November round of education small grants, each setting received up to £400. It is fantastic to hear how successful your interventions have been and that you have ensured that so many projects are now sustained activities. EYFS & KS1 Small Grant case studies (February education small grant) are due to be returned by: Thursday 25 May 2017

We will then collate a document to share this good practice with other schools across the county.

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**Dates & Upcoming Events**

**School Games Events**

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<thead>
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<th>Event</th>
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<tr>
<td>X Country Individual</td>
<td>Tue 25 April</td>
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<tr>
<td>Archery</td>
<td>Mon 18 May</td>
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<tr>
<td>Primary Tri-Golf</td>
<td>Mon 5 June</td>
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<tr>
<td>Panathlon Final</td>
<td>Mon 9 June</td>
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**Power House Games 2017 series Launch**

Please visit the link below for the full Essex School Games Calendar: [http://www.activeessex.org/programme-landing/?wpvprogramme=school-games](http://www.activeessex.org/programme-landing/?wpvprogramme=school-games)

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**Early Movers Courses**

Due to popular demand we are hosting two further Early Movers training courses in partnership with the British Heart Foundation. The training is designed to help early years practitioners extend the physical activity opportunities available to the under 5’s in their care.

This half day (3½ hours) course is ideal for anyone working in an early years setting who provides care to children from birth up to the age of five. The course is especially suited to those who would like to learn more about the importance of physical activity in the early years and how to engage babies and young children in more physically active play.

The courses will be held on Thursday 27th April (1pm-4.30pm) in Chelmsford and on Friday 28th April (9.30am-1pm) in Braintree. Cost: £35 per participant.

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**Chance to shine needs you this summer!**

So that Essex County Cricket Club can continue spreading the power of cricket, we’re asking schools to fundraise for Chance to Shine this summer. We’d love for your school to get involved in the ‘Big Catch’ during Yorkshire Tea National Cricket Week. The Big Catch is a fun way for pupils to practice their cricket skills, get active and work together. It’s quick, easy to run and is suitable for children of all abilities. To find out more visit; [https://www.chancetoshine.org/ncw_signups](https://www.chancetoshine.org/ncw_signups)

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**Essex Secondary Engagement PE Teaching & Learning Event**

**Wednesday 21st June 2017 William De Ferrers School**

William de Ferrers, Active Essex and the Youth Sport Trust have collaborated to bring together a Mini Conference for Secondary Teachers on the 21st June. The event will be free to attend. It will start at 2.30pm and will end at 6pm, covering a range of workshop and active sessions.

Please contact [brian.shaw@essex.gov.uk](mailto:brian.shaw@essex.gov.uk) or [fengelbrecht@wdf.school](mailto:fengelbrecht@wdf.school) for more details and to register your attendance.

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**For more information and to book your place please visit:** [https://www.activeessex.org/training-courses-list/](https://www.activeessex.org/training-courses-list/)