**Active Essex School Sport & Physical Activity Bulletin**

As the County Sports Partnership, Active Essex is the commissioner for School Sport. As such, it is responsible through funding provided by Sport England and Essex County Council to provide support for schools throughout Greater Essex in relation to the effective spend and the resultant impact of the delivery of high quality PE & school sport and of the Primary Sport Premium.

This and subsequent bulletins, along with the pages at [www.ActiveEssex.org](http://www.getActiveEssex.org), outline support and opportunities that are provided by Active Essex.

Dear Colleagues,

I hope you had an enjoyable half-term break and are looking forward to what is always a busy, final half-term of the summer. As the weather continues to improve, why not take the opportunity to test and launch The Daily Mile at your school and if you haven’t already, make sure you sign up to our 3030 campaign for June.

*Dawn Emberson; Thematic Lead, Children & Young People*

Active Essex: Changing 1 Million Lives – Increasing Physical Activity and Improving the Health & Wellbeing of Children & Young People in Greater Essex

---

**Primary PE & Sport Premium**

The Department for Education has now confirmed that it will continue to fund Primary PE & Sport Premium for the 2019-20 academic year.

A total of £320 million will again be made available to primary schools in England to improve the quality of PE and sport. It is expected that further details will be published by the department soon.

Responding to the update, YST Chief Executive Ali Oliver said:

“This funding brings with it a huge amount of potential to improve children’s formative experiences of PE at primary school but it will be vital that it is spent in the right way. We want to see every primary school teacher professionally supported to develop young people’s physical literacy with the same skill and passion as language literacy and numeracy.

“With a School Sport Action Plan due to be published by government soon, we look forward to seeing a more long-term, joined up approach which reverses cuts to PE and maximises the potential of sport and play to improve children’s wellbeing and life chances.”

---

**June 2019**

The CYP team at Active Essex are available and keen to meet with schools in order to advise on appropriate spending and support with impact reporting. This support is offered as group briefings, headteacher forum presentations, 1to1’s with schools and working with school governors.

A reminder that under the current funding conditions, all schools are required to publish their spending review and impact data on their websites by: 31st July 2019.

Investment in staff to ensure sustainability is key and our staff CPD offer will be a strong focus for 2019-20 Academic year. In response to consultation and need, we will have a full menu of courses confirmed and released prior to the end of the summer term. We continue to recommend that the utilisation of Primary PE & Sports Premium funding to invest in the upskilling of staff is essential in order to ensure sustainability.

Please contact: dawn.emberson@activeessex.org

For further information and support.

**Secondary Teacher Training**

Sport England have now launched the first rounds of their Secondary teacher training offer and are currently working with Colchester Teacher Training Consortium. This funded project includes work based around consultation with young people and additional training for PE staff.

South Essex has also recently concluded its pilot project under this scheme, with 7 secondary schools engaged. Findings will be reported at a share day in June. To find out more please visit: [https://www.sportengland.org/news-and-features/news/2018/april/20/teacher-training-project-pilot/](https://www.sportengland.org/news-and-features/news/2018/april/20/teacher-training-project-pilot/)

---

**Active Lives Survey**

We are now entering into Year 2 Term 3 of our commitment to the Active Lives survey. The list of our 80 selected schools can be found at: [https://www.activeessex.org/news/active-lives-survey/](https://www.activeessex.org/news/active-lives-survey/)

Once again we thank all schools who have already participated in the survey for their support and encourage those selected for this term to kindly complete by the deadline of: **Friday 5 July**.

Results from the survey are available on both a national and local level and now includes the attitudinal survey results released in March 2019.

**Attitudinal insight** This clearly shows that physically literate children do twice as much activity. The more of the five elements of physical literacy - enjoyment, confidence, competence, understanding and knowledge - children have, the more active they are.

On completion of the survey schools are still able to claim their incentives via the Sport England scheme and all schools completing the required number of responses will also receive their own bespoke school report.

For more information please contact: dawn.emberson@activeessex.org
**Active Essex School Sport & Physical Activity Bulletin**

**Summer Term 2**

**June 2019**

**Issue 24**

**Health & safety update**

*Essex Health & Safety in Primary PE Courses* are now coordinated and delivered by Active Essex in partnership with the Essex County Council Health & Safety team.

We will have **5 courses available from September to December 2019** with all dates released before the end of term. This is a two part course based on ECC PE & School Sport Risk Assessments, with a practical focus on delivering Physical Education lessons safely, adhering to national guidelines. Course is essential for NQTs or anyone returning to the delivery of Primary PE.

The updated AFPE Safe Practice guidance is available at:  

---

**Daily Mile**  
The investment will fund the recruitment of National and Local Coordinators to support and encourage more schools in England to participate. Active Essex is one of 12 County Sports Partnerships who are hosting a Local Coordinator. We look forward to this welcome addition to our team and to working with more schools across the county to become more active.  
Contact: [stuart.tryhorn@activeessex.org](mailto:stuart.tryhorn@activeessex.org) for more information

**Spring Games**  
Our event calendar is as busy as ever and our Spring Games series was a huge success culminating in our x-country competition held at Hadleigh Park. Events included: Sports Hall Athletics, which for the first year incorporated our small schools competition, Tag Rugby, Sitting Volleyball, Cheerleading and x-Country.

Once again a huge thank you to the SGO team, our host venues and all of our schools and competitors for some fantastic days of high level and high energy competition!

**3030 Essex**  
Sign up and get started NOW:  
[https://www.3030essex.com/schools-nurseries/](https://www.3030essex.com/schools-nurseries/)

Over 100 Schools have signed up to our 3030 campaign  
All information on how schools can get involved with our 3030Essex campaign throughout June has been sent directly to schools or can be found using the link above.

Once you have registered you will receive a 3030 Baton, Assembly slide deck and Max Whitlock’s ‘30 Things children challenge sheet’.

3030 Essex is our campaign to inspire and encourage the whole county to be more active, participating in 30 minutes of physical activity for the 30 days of June.

---

**Staff CPD**  

The Children’s Health Project supports schools to develop their physical and mental health and wellbeing offer, ensuring they meet all the national expectations in their curricular and extra-curricular approaches, and offer pupils an outstanding method for establishing and developing health routines. Based on four pillars of health and wellbeing – Healthy Movement, Healthy Eating, Healthy Habits and Healthy Thoughts.

**Badminton**  
Updated list of S&D JBA Officers and clubs 2019-20  
[https://www.activeessex.org/southend-district-junior-badminton-association/](https://www.activeessex.org/southend-district-junior-badminton-association/)

**Teachers’ Trampoline Refresher Award**  
hosted at: Westcliff High School for Girls  
8 July 2019, 9am - 4pm  
£90 per person  
**Full details and BOOK**

**Teachers’ Trampoline Level 1 and 2 Award**  
13 July - 16 July, 9am - 4pm at WHSG  
£240 per person*  
**Full details and BOOK**

*Limited Bursary funding available please contact [dawn.emberson@activeessex.org](mailto:dawn.emberson@activeessex.org) for full details  
Full eligibility for the Level 1 and 2 awards can be found [here](#)

---

**CPD Offer 2019-20**  
An exciting, full CPD Programme for 2019-20 will be released before the end of summer term. This will include additional H&S courses in each locality, more opportunities to access The Children’s Health Project, REAL PE and REAL GYM courses.

Please contact us if you have any further suggestions for sector based CPD.

**DATES & UPCOMING EVENTS**

<table>
<thead>
<tr>
<th>School Games Events 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Tri Golf</strong></td>
</tr>
<tr>
<td><strong>Rounders (Y9)</strong></td>
</tr>
<tr>
<td><strong>Quicksticks</strong></td>
</tr>
<tr>
<td><strong>Rounders (Y8)</strong></td>
</tr>
<tr>
<td><strong>Special Games</strong></td>
</tr>
<tr>
<td><strong>Rounders senior</strong></td>
</tr>
<tr>
<td><strong>Tennis</strong></td>
</tr>
<tr>
<td><strong>Tennis</strong></td>
</tr>
<tr>
<td><strong>Summer Games</strong></td>
</tr>
</tbody>
</table>

Please visit our website for the full Essex School Games Calendar, event rule packs, code of conduct and current competition information.  
[https://www.activeessex.org/school-games-calendar/](https://www.activeessex.org/school-games-calendar/)

**Maldon Junior Badminton Club**  
New Badminton Club for 11-15 year olds  
Professional Coaching  
Wednesday Evenings 6pm-7pm @ Plume School, Fambridge Road, Maldon, CM9 6AB  
All abilities welcome £5 per session  
For further information please see [www.maldonbadminton.co.uk/jnr.html](http://www.maldonbadminton.co.uk/jnr.html) or contact Richard Pipe on 07469414307 or [richardpipe53@gmail.com](mailto:richardpipe53@gmail.com)