

**‘A quick resource for busy people’**

**Welcome.** Every adult working with young and at-risk people in sport knows how important safeguarding is, and despite best intentions keeping up-to-date is difficult because we often feel overwhelmed with information. At Active Essex we understand this, so our Safeguarding newsletters will just take a very quick look at some current topics and resources with links to more information if you want it!

**Parents in Sport Week 1-7<sup>th</sup> October 2018:** Parents play such an important role in supporting their child's participation in sport. By involving parents in club activities and making them feel welcome and valued they are much more likely to encourage their children and take on a positive role within their child's sporting life.

Below are a just a small number of reasons that involving parents in their child's sport club is a positive and important thing to do. Sports coaches or instructors can use these reasons to aid discussions with parents and show that their contribution is valued and ensure their child is happy to take part in sport.

#### **Three reasons for involving parents:**

- increased and sustained participation - children are much more likely to take part in sport and remain engaged for longer if parents are involved in your club and show an interest in their child's sport
- get the best out of the experience - children are more likely to be able to attend training and competitions to represent your club or sport if parents are able to provide support with travel and funds. Most importantly, they're also more likely to enjoy these experiences with this support from parents
- role modelling behaviour - parents play a vital role in modelling good sporting behaviours and helping children to cope with the challenges they'll face in sport.

Lots of information and resources for Parents in Sport can be found at the CPSU website.

**MORE:** <https://thecpsu.org.uk/upcoming-events/parents-in-sport-week-2018/>

#### **Safeguarding Code in Martial Arts:**

This new code has been developed between representatives from martial arts governing bodies along with the expertise in safeguarding support within sport activities provided by the Child Protection in Sport Unit.

Achieving the Safeguarding Code in Martial Arts will recognise clubs or providers who have reached and maintained excellent safeguarding standards. It will empower parents and carers to make informed decisions when selecting a club or provider for their child.

**MORE:** <https://www.sportengland.org/our-work/safeguarding/safeguarding-in-martial-arts/>

#### **DBS Certificate - Security Features**

The DBS recently updated their guidance on the security features of a DBS certificate. If you are required to check an applicant's certificate as part of your recruitment process then you may find this guidance useful.

**MORE:** <https://www.gov.uk/guidance/dbs-check-requests-guidance-for-employers#security-features-of-a-dbs-certificate>

#### **Safeguarding Adults in Sport**

The Ann Craft Trust works in partnership with Sport England to provide advice and guidance on safeguarding adults in sport. ACT now provides a comprehensive service to address this long-overlooked aspect of safeguarding.

**MORE:** <http://www.anncrafttrust.org/-safeguarding-adults-sport-activity/>

[www.activeessex.org/safeguarding](http://www.activeessex.org/safeguarding)

To talk to an Active Essex Safeguarding Officer, call: 03330 137827 or 07894964327