Guidance on the phased return of sport and recreation

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Sport England have worked with the government to help answer some of the key questions people in the sport and physical activity sector will have as it eases some of its lockdown restrictions. They’ll continue to update this page as the government issues more information.  

- Working safely during coronavirus.  
- Guidance for personal trainers and coaches on the phased return of sport and recreation in England  
- Guidance for providers of outdoor facilities on the phased return of sport and recreation in England  
- Guidance for the public on the phased return of outdoor sport and recreation in England  
- Return to recreational team sport framework  
- Elite sport return to training guidance: Step One  

Read More
There's a lot for sport and physical activity providers to consider as lockdown restrictions evolve. We've got guidance on a range of topics to help you plan for the return to play. See resources [here](#).

**Guidance on inclusion and accessibility**

**Research on attitudes to sport and physical activity**

**Legal risks and duties of care**

**Hygiene guidance**

**Getting back to volunteering**

**Return to play - preparing for the next steps**

Executive Director Ali Donnelly details how we're preparing advice and guidance for the next phases of restrictions being lifted across sport and physical activity, including for when indoor facilities can reopen.

[Read More](#)
ReOpen: Sport and physical activity sector facility reopening guidance
Planning for the safe reopening of sport and physical activity sector facilities

1. CIMSPA guidance - social distancing in the sport and physical activity sector
2. Covid-19 reopening checklist spreadsheet
3. CIMSPA Covid-19 posters
4. CCLS Cleaning Training Layout
5. CCLS Cleaning Plan
6. CCLS Updates – Webinar
7. Slip Safety Services - Slip Safety Services have put together some pointers and resources on cleanliness post reopening.
8. Gladstone, software provider Gladstone have written a guide to how a leisure management system (LMS) can help with facility reopening.

Click here for further info

Updated guidance on outdoor training and coaching in England can be found here
Further Support for reopening:

COVID-19 A framework for the re-opening of the gym and fitness industry ukactive

afPE Interpreting the Government Guidance in a PESSPA Context

EMD UK Group Exercise Support Pack