



CHANGING **1 MILLION** LIVES

## Driving Participation Update August 2020

### Have your say...

#### **Club Matters National Return to Sport/Activity Surveys**



Club Matters are asking anyone who was a member, participant or volunteer at a club/group before Covid-19 to take part in a national survey so that we can understand your feelings and views about returning to activity. The links to the survey are below and please do share this amongst the people in your club before **Friday 7<sup>th</sup> August**.

Participants: <https://bit.ly/ClubMatters-ParticipantsSurvey>

Volunteers: <https://bit.ly/ClubMatters-VolunteersSurvey>

### Online Courses & CPD

ReActivate is a new, free, online training platform, designed to equip anyone working or volunteering in the sport, fitness, leisure and physical activity sector in England with the knowledge and skills they need to confidently return to work or restart their coaching activity, as we emerge from the coronavirus lockdown.

# ReActivate

Funded by Sport England, commissioned by CIMSPA and delivered by a consortium of partners led by Future Active Workforce CIC, ReActivate provides online training that brings government and industry guidance to life in an easily digestible format, giving anyone who needs it the ability to return to their sport and physical activity roles with confidence.

[Find Out More](#)

**LAST CHANCE! Mental Health Awareness for Sport and Physical Activity course Free until 31st August (Usually £18).**

One in four people in the UK will experience a mental health problem each year. Completing this course will



give you the knowledge, skills and confidence to better understand and support people living with mental health problems and create a positive environment that ensures they enjoy the benefits of being active and keep coming back for more. This course has been awarded 3 CPD points by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA).

For more information or to start the course [click here](#)

## **Funding**

### **Postcode Community Trust fund**

Need funding for projects improving community health and wellbeing, reducing isolation or increasing participation in physical recreation? The Postcode community trust fund is now open. Deadline for applications August 19<sup>th</sup>. For more information [click here](#)

<b>Funding between £500 - £2,000</b>	
<b>Not-for-profit organisations such as:</b>	
<input checked="" type="checkbox"/>	Companies limited by guarantee with an asset lock
<input checked="" type="checkbox"/>	Constituted voluntary organisations with no charity number
<input checked="" type="checkbox"/>	Community Interest Companies with an asset lock
<input checked="" type="checkbox"/>	Community benefit societies
<input checked="" type="checkbox"/>	Constituted sports groups
<input checked="" type="checkbox"/>	Organisations with tax exempt status but no registered charity number



**Improving community health & wellbeing**

Increasing participation in **arts & physical recreation**

Reducing **isolation**

<b>Funding between £500 - £20,000</b>	
<b>Charities registered with the Charity Commission or OSCR</b>	



<b>Requirements for all applications</b>	
We will ask for your organisation's governing document and most recent financial year's accounts as proof of eligibility.	
<b>Your governing document should:</b>	
<input checked="" type="checkbox"/>	Match the name of the organisation on the application
<input checked="" type="checkbox"/>	Include your organisation's objects, which should be charitable in nature
<input checked="" type="checkbox"/>	Include an asset lock, dissolution or winding up clause
<b>Your accounts should:</b>	
<input checked="" type="checkbox"/>	Be in the name of your organisation as given on your application
<input checked="" type="checkbox"/>	Not be a bank statement, we require your annual accounts
<input checked="" type="checkbox"/>	Abide by the Statement of Recommended Practice if applicable
<input checked="" type="checkbox"/>	Include the independent examiner/auditor's report and signature if applicable
<input checked="" type="checkbox"/>	Be a financial forecast/ top line income v expenditure report if your organisation is less than a year old
If successful we will ask for proof of your organisation's bank account. This bank account must match the name of the organisation on the application.	

## [Community Initiative Fund Micro Grants 2020 Now Open](#)

Micro-grants of up to £500 are also available throughout the year and awarded once a month. This fund excludes projects that deliver outside the administrative area of Essex County Council. [Click here](#) for more information.



## [Get in touch in with Active Essex](#)

If you have any questions or require additional support from our team, please get in contact and we'll do our best to help.



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