



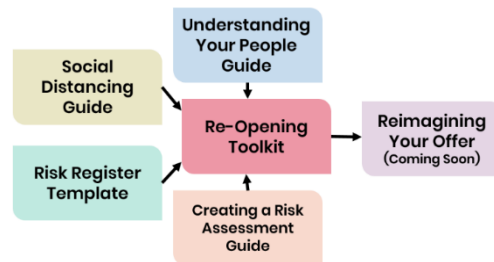
CHANGING **1 MILLION** LIVES

## Driving Participation Update July 2020

### Restarting Physical Activity

#### **Club Matters Re-Opening Toolkit**

Club Matters have created a range of excellent resources to support clubs and organisations to get back to activity.



#### [Re-Opening Toolkit for Clubs and Organisations](#)

This resource includes info on how clubs/organisations can plan their return to sport, with advice on what they need to think about across different areas such as re-opening their facility and protecting their people

#### [Creating a Risk Assessment](#)

This document will take you through the common things to think about when creating a risk assessment and considerations for Covid 19

#### [Understanding Your People](#)

Covering the different ways clubs/organisations can gather the views of their people in relation to the coronavirus and how it might have impacted their ability/willingness to return to sport, this guide has top tips for how organisations can use that insight.

#### [Creating a Risk Register for Clubs and Organisations](#)

This template, with a dedicated user guide, is designed to help clubs/organisations introduce or update their practices regarding how they track risks

#### [Promoting Social Distancing](#)

This resource covers the different practices and considerations clubs/organisations may need to introduce so that social distancing can be implemented in line with current Government advice.

Club matters have also pulled together partner resources, including guidance on hygiene for sport and physical activity and understanding legal risks and duties of care in returning to play. You can view these [here](#)

## **Reopening Activity – An Inclusive Response**

As more opportunities to be active resume, new guidance has been released by the Activity Alliance which will help providers to enable welcoming, and more accessible environments. Activity Alliance has published [Reopening Activity: An inclusive response](#), in consultation with partners across sport, leisure and disability equality. The national charity wants providers to consider the guidance as part of their ongoing commitment to disabled people's inclusion.



The resource covers areas such as session planning, engagement, and workforce. It complements and builds on other guidelines from government, Sport England, professional associations, and governing bodies.

## **Supporting the Sport and Physical Activity Sector**

### **Active Essex:**

We are regularly updating information on our website and have new sections which includes *data, research and insight* and *safeguarding during Covid-19*. Check it out [here](#)



### **Sport England:**

There's a lot for sport and physical activity providers to consider as lockdown restrictions evolve. We've got guidance on a range of topics to help you plan for the return to play. See resources [here](#).

[Guidance on inclusion and accessibility](#)

[Research on attitudes to sport and physical activity](#)

[Legal risks and duties of care](#)

[Hygiene guidance](#)

[Getting back to volunteering](#)

### **UK Coaching:**

New Partner Zone

UK Coaching have launched their new Partner Zone which included exclusive content, learning and resources. Check it out [here](#)



## [Updated DCMS Guidance for the public on the phased return of outdoor sport and recreation in England](#)

You can now exercise alone, with members of your household, or with up to 5 other people from outside your household. From 4 July, up to two households are permitted to gather in groups of more than 6 people indoors or outdoors, provided members of different households can follow social distancing guidelines. See the updated guidance published 30<sup>th</sup> June [here](#).

### **Funding**

#### [Anglian Water Positive Difference Fund - Coronavirus](#)

Grants between £1,000 and £5,000 will be considered (larger grants may be available for groups working in partnership, or in exceptional circumstances).

To be eligible for funding, your project must support those who are considered high risk, including those with pre-existing medical conditions and older people over 60, or those in vulnerable circumstances and help to:

- Support their ongoing needs, ensuring their health and mental well-being is maintained
- Reduce isolation and vulnerability during any isolation period that may arise as a result of the threat of coronavirus
- Help to make sure people remain safely connected with the outside world during this time

More information [here](#)

#### [Match funding up to 10k is still available!](#)



Crowdfunder and Sport England have teamed up to make £1 million of match funding available to help the sport and physical activity sector through the ongoing coronavirus crisis. If your sports club has had to cease operations due to the ongoing pandemic and in doing so is experiencing short term financial difficulty, follow [this link](#) to start setting up a crowdfunding campaign and apply for up to £10,000 match funding today.

If you have any questions or need support with your campaign, email [lee.monk@activeessex.org](mailto:lee.monk@activeessex.org)

### [Less than 500 Magic Little Grants Left](#)

Do you have a project that will support and inspire people to participate in sports or exercise with the primary aim of improving the physical health of participants? If yes, put in a Magic Little Grant application. The application form is very simple and will take you no longer than 15 minutes. Full details and criteria [here](#)



### [Veolia Environmental Trust](#)

Description: Grants are available to constituted, not-for-profit groups with environmental and community projects that are located near a qualifying Veolia site in England. Play and recreation specifically listed (e.g. skateparks, MUGAs, sports grounds, pavilions). Use post code checker to check eligibility.



Application deadline: 03/09/2020

### [Bernard Sunley Charitable Foundation](#)

Description: One-off capital grants are available to registered charities in England and Wales, as well as those with 'accepted' and 'exempt' status, for projects in the areas of community, education, health and social welfare.



Application deadline: rolling

### [Woodward Charitable Trust - Small Grants](#)

Description: Grants are available to fund core costs of small- to medium-sized charities in the UK working in the following areas: arts outreach, isolated children and young people, disability, disadvantaged women and families, prisoners and ex-offenders, and community cohesion among minority groups.



Application deadline: 31/07/2020

### [Online Courses & CPD](#)

**Time Running Out! Mental Health Awareness for Sport and Physical Activity course currently free until 31st August (Usually £18).**

One in four people in the UK will experience a mental health problem each year. Completing this course will give you the knowledge, skills and confidence to better



understand and support people living with mental health problems and create a positive

environment that ensures they enjoy the benefits of being active and keep coming back for more. This course has been awarded 3 CPD points by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA).

For more information or to start the course [click here](#)

### **Get in touch in with Active Essex**

If you have any questions or require additional support from our team, please get in contact and we'll do our best to help.



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