



Online Activities for young people aged 13-19 years, or up to 25 with additional needs (some activities for younger people where stated).

Each session will last approximately 30 minutes. You can apply for any session, however, for those with a star you will need to email in to enquire about joining this group as there may be criteria for your attendance – we look forward to hearing from you.

The UK's at home, but Essex Youth Service is Open!

Monday 4 th May	Tuesday 5 th May	Wednesday 6 th May	Thursday 7 th May	Friday 8 th May
<p>3pm Baking with Emma (age 7-12)</p> <p>3pm Outhouse East consultation* NE</p> <p>3pm Breathe*</p> <p>3.30pm Young Essex Assembly *</p> <p>4.30pm Smoothie Making</p> <p>5pm Bingo! (age 7-12)</p> <p>5.30pm South Young Commissioners *</p> <p>6pm Football chat</p> <p>6pm Simply the Best *</p> <p>7pm Harry Potter Quiz</p> <p>7pm Torchlight (fortnightly) *</p> <p>8pm Ask Sue – any questions for Auntie Sue? Or help Sue come up with good solutions to relationship dilemmas</p>	<p>3pm Home Science (age 13-19) – with things you will find round your home</p> <p>4pm West primary young carers Disney Quiz *</p> <p>4.20pm North Young Essex Assembly *</p> <p>4pm Talk Disney (age 7-12) - share your love of all things Disney</p> <p>4.30pm Fitness & street dance with Fusion Dance</p> <p>5pm Talk Disney (age 13-19) - share your love of all things Disney</p> <p>5pm Quiz: Working in the music business</p> <p>6pm Learn some magic tricks</p> <p>6.30pm Endeavour Youth Group *</p> <p>7pm Pamper masks</p> <p>8pm Make Up</p> <p>8pm Exploring www.</p>	<p>12.00 NE young carers (primary) *</p> <p>2pm South Young Volunteers *</p> <p>3pm NE young carers (primary) *</p> <p>3pm Bushcraft</p> <p>4pm Saved by the Bell *</p> <p>3.20pm YEA meeting (closed group)</p> <p>4pm Baking with Emma</p> <p>4pm South Gateway *</p> <p>5pm Junior Quiz Night (age 7-12)</p> <p>5pm The 7 Day Challenge</p> <p>5.30pm Rochford Youth Council *</p> <p>6pm Art Zone</p> <p>6.30pm Intro to Relaxation\ Meditation</p> <p>7pm Video gaming</p> <p>8pm Catchphrase</p>	<p>2pm NE young carers 'What's on your mind?' (Secondary school age) *</p> <p>3pm Home Science (age 7-12) –with things you will find round your home</p> <p>3pm South Young Essex Assembly *</p> <p>3.30pm-4.30pm Club Chelmer *</p> <p>4pm West Secondary young carers – Riddle Challenge *</p> <p>4pm Laughs at the Lodge *</p> <p>4.20pm NCS Grads meeting *</p> <p>5pm Quiz Night</p> <p>5.30pm Stretch and lyrical dance with Fusion Dance</p> <p>6pm Scavenger Hunt</p> <p>6.30pm Basildon Youth Council (fortnightly) *</p> <p>7pm Live Chat: Share your ideas for keeping yourself well</p>	<p>Bank Holiday</p>

Note: By booking a place, you are giving your consent to share any interactions you use during the online session with other participants, eg. video streaming and audio content. You have the option of turning off your camera and microphone if you wish.

To book your place, please contact youth.work@essex.gov.uk with:

- Full name and age
- Which club/project you usually attend and/or which professional told you about our programme of activities
- Name date and time of session/s you would like to attend.

Once you are booked on, you will receive an email with a link to your session.