

# Physical Activity Mapping Tool

<p>Facilities – List all local assets that activity could take place. Include both indoor and outside spaces. E.g. church, pub, tennis courts, football pitch</p>	<p>Activities: What activities are currently happening in those spaces?</p>
<p>Trends: Are most classes/activities in the day, evenings or weekends. Do the activities mainly cater for children, women or older adults?</p>	<p>Opportunities: given what you've found are there any obvious opportunities that your local community would benefit from?</p>

