



**Online Education, CPD & Learning**

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CHANGING  
**1 MILLION**  
LIVES  
TO GET ESSEX ACTIVE

**ReActivate** is a new, free, online training platform, designed to equip anyone working or volunteering in the sport, fitness, leisure and physical activity sector in England with the knowledge and skills they need to confidently return to work or restart their coaching activity, as we emerge from the coronavirus lockdown.

Funded by Sport England, commissioned by CIMSPA and delivered by a consortium of partners led by Future Active Workforce CIC, ReActivate provides online training that brings government and industry guidance to life in an easily digestible format, giving anyone who needs it the ability to return to their sport and physical activity roles with confidence.

## Who is it for?

ReActivate is for anyone working in sport, physical activity, leisure and fitness in England, including coaches and volunteers.

- Leisure and fitness professionals
- Club and facility managers
- Sports club administrators
- Grassroots coaches and volunteers






## What does the training cover?

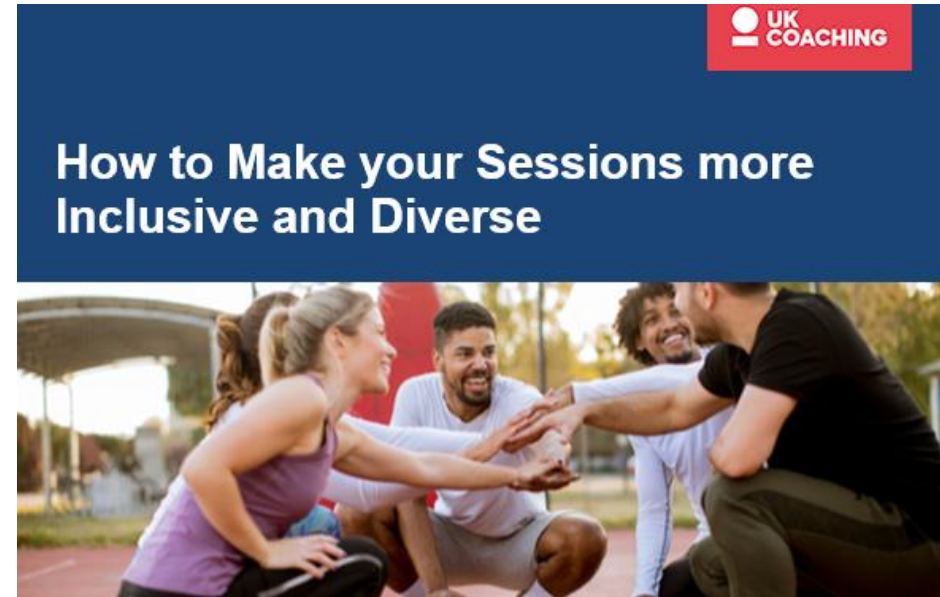
- Risk assessment and management
- Health and safety
- Social distancing
- Use of equipment and PPE
- Cleaning and hygiene
- First aid
- Travel
- Communicating with customers & participants

[Find out more](#)

## Duty to Care Toolkit and Digital Badge

The Duty to Care Toolkit is a series of Knowledge Checks and coach learning resources set across the five distinct pillars that represent the Duty to Care ethos: Safeguarding, Inclusion, Diversity, Well-being and Mental Health. [Complete the five free Knowledge Checks to earn our Duty to Care Digital Badge.](#)

	Safeguarding Knowledge Check
	Diversity Knowledge Check
	Inclusion Knowledge Check
	Mental Health Knowledge Check
	Well-being Knowledge Check



# Mental Health for Sport and Physical Activity Online Course



UK Coaching in collaboration with its awarding organisation 1st4sport, and partners Mind, the mental health charity, and Sport England – that the nation’s coaches can access the [Mental Health for Sport and Physical Activity](#) online course, usually £18 now £8.99.

Coaches across the UK will be able to increase their knowledge of mental health, and confidence when applying the learning into their coaching practice.

Specifically, learners will be able to:

- welcome and support people living with mental health problems in their sport and physical activity sessions
- increase their knowledge of mental health problems
- apply the learning in their coaching practice
- make their club or organisation more inclusive.

**For more info or to book your place [click here](#)**



CIMSPA is the lead organisation for the workforce in the sport and physical activity sector.

They have created a hub to bring together advice and practical assistance on Covid-19 for the sector.

[Find out more here](#)



# Club Matters Workshops – Email us to register interest



## Planning for Your Future

Does your club have a plan for the future? This workshop identifies how to effectively plan and develop specific objectives to enable your club to tackle key issues and become sustainable.

## Leadership Teams

Do you have the right committee structure? This workshop explores how your club can be structured to not only effectively run the club, but also plan for the future. The workshop also looks at how you make sure the right people are in the right roles to take the club forward.

## Legal Structures

There are now more ways of marketing your sports club than ever before. This workshop will guide you through the marketing minefield and help you attract new members, raise funds or enhance your club's profile.

## Participant Experience

With so much competition for people's time, how do you ensure your club is chosen over other opportunities? By understanding what existing and potential members want from your club, you can deliver a great experience for them.



## Volunteer Experience

Clubs often find themselves short of volunteers. The way that people volunteer and the time they have to give is not the same as it used to be. Ensuring volunteers feel recognised, rewarded and part of the team is essential.

## Develop a Marketing Strategy

There are now more ways of marketing your sports club than ever before. This workshop will guide you through the marketing minefield and help you attract new members, raise funds or enhance your club's profile.



# Online CPD



UK Coaching have made their Safeguarding Courses available as Online Classrooms and are already available for booking

**Book Now**

They have also unlocked a lot of their most popular resources

**Resources**

Curious Coaches' Club: Join their experts every Monday for an engaging and insightful online coaching discussion. Each week they will be holding a conversation about a particular coaching topic.

**Book Now**



Clubs and organisations all over the country are experiencing lots of challenges due to the coronavirus pandemic. Club Matters is here to help by giving you some tips, tools and ideas to help keep your club functioning and working with your members and customers!

**Find out more**