



## Top 10 tips for achieving impact in **Key Indicator 2**

Here are our **top 10 tips** to support primary school subject leaders achieve impact under **Key Indicator 2**.



Use physical activity opportunities to **target punctuality!**

Providing a wide range of opportunities for pupils to be active before school. This will encourage pupils to come to school on time.



Highly active pupils will **attain better!**

**How?** Research\* has proved that after 20 minutes of moving, pupils grow new brain cells. The more we can get our pupils to move, the higher they will attain!



**Celebrate** physical activity during assemblies!

Create a celebration book so that anything positive that happens throughout the week in PE lessons, clubs or at lunchtimes is recorded and celebrated!



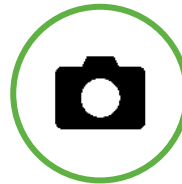
**Teach** your parents about the importance of being physically active!

Parents might not value PE because they've never enjoyed it themselves. If you can change their minds it will have a significant impact on their children!



Use Physical Education to **improve behaviour!**

By developing life skills in PE we can celebrate the learning of the whole child. If pupils develop skills such as respect, it will help improve their behaviour.



**Celebrate** physical successes that happen outside of school!

Create a display for pupils to showcase their sports and Physical Activities outside of school. This will encourage others to be active and raise the status of PE!



Use physical activity opportunities to **improve concentration and attainment!**

Take 20 minutes in the middle of the afternoon to get your pupils moving. After 20 minutes they will be awake, alert, have new brain calls growing and be ready to learn!



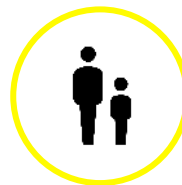
**Align** your PE actions with your school development plan to have a positive impact!

Know the targets on your school development plan, you can then align your actions as PE Leader with the overall aims and objectives of the school!



**Celebrate** the **whole child!**

Celebrate the physical alongside the personal skills too. This promotes mastery learning and will ensure life skills are deep rooted in the learning pupils are exposed to.



Introduce **Role Models...**

Role models are a very powerful tool to teach pupils values and inspire them to achieve their own targets and dreams.