- Essex Local Delivery Pilot (LDP) On A Page -

VISION

Use a whole systems approach to make transformational change, enable increased physical activity and improve wider social and economic outcomes, focussing on areas of deprivation, families, older people and those with poor mental health

PRIORITIES (what?)

1. 'Hardwire' physical activity into the system, across the system
2. Understand the needs and resources of local communities
3. Support local residents and community groups to create their own ideas and solutions
4. Facilitate social movements that promote physical activity
5. Create active environments and make better use of physical assets
6. Identify, scale up and replicate effective interventions
7. Understand what has worked in Essex and embed learning across the system

WAYS OF WORKING (how?)

- Distributed Leadership
- Collaboration
- Engaging Unusual Suspects
- Test & Learn
- Data & Insight
- Communications
- Growing Social Movements
- Workforce Capacity & Development
- Community Capacity & Development
- Evaluation & Learning

SYSTEM (where?)

- Education
- Workplace
- Community
- Health
- Community Safety
- Social Care
- Planning

- Policy
- Environment
- Organisations & Service Providers
- Social Networks
- Individuals

ACTIVITIES

Policies / Programmes / Interventions

OUTCOMES

Make Transformational Change:

- realignment of system budgets
- co-production and social movements
- shared vision and accountability among system leaders
- robust evidence that enables replication at scale

Increase Likelihood of Behaviour Change:

- capability
- opportunity
- motivation

Reduce Physical Inactivity

Improve Wider Social & Economic Outcomes:

- physical and mental wellbeing
- community engagement
- self-efficacy & citizenship
- local economies
- reduce health inequalities