

Motivated Minds Interim Report for 2020

	Mental Health Support Sessions			Foodbank	
	HAPPY Hub sign-in	#TeamMotivated (Fbk group)	Counselling Customers	Sign up	Parcels
Jan	675		-	-	
Feb	703		4	-	
Mar	484		10	17	
Apr	Closed		12	22	129
May	Closed	133	15	14	281
Jun	Closed	152	21	11	294
Jul	Closed	187	24	17	50
Aug	Closed	197	28	11	64
Sep	416	211	30	14	48
Oct	479	225	33	23	63
Nov	112	233	37	31	70
Dec					

Jan – Currant staff 2

- Recruitment drive for:
 - o Therapeutic Lead
 - o Business Development Lead

Feb – Current staff 2 + 1

- Recruited Therapeutic Lead (Sarah)

March – Current staff 3

- Closed HAPPY Hub mid-month due to Covid.
- Moved 2 staff (Carla & Bryony) into supporting Basildon Community Hub
- Launch online mental health & wellbeing programme via Facebook #TeamMotivated
- Move into King Edward Community Centre for foodbank (3 times a week)

April – Current staff 3 + 2

- Recruited Business Lead (Lisa)
- Recruited Foodbank Support (Lindsey)
- Receive database of 510 volunteers from Essex Welfare Service & match with shielding

May - Current staff 5

- Awarded Lottery Covid Emergency Fund
- Increased Sarah's Hours
- Bike Chapter support delivery across borough

Jun - Current staff 5

Jul – Current staff 5 + 1

- Recruited Physical Activity Co-ordinator (Megan)

- Key to the new unit / decorating

Aug - Current staff 6 - 1

- Recruited General Assistant (Eddie)
- Continued decorating
- Win 'Innovation to Mental Health' from the SME Awards
- Bryony leaves

Sep – Current staff 6

- Virtual Fun Walk 5k

Oct - Current staff 6 + 1

- Recruited Foodbank support (Joshua)
- Official Opening
- Launch 1st Holiday Hunger Programme for families (Fun, fitness & food)
- Lindsey leaves

Nov – Current staff 6 + 1

- Recruited Volunteer Coordinator (Catherine)
- Win Voluntary Group of the Year Award from Basildon Volunteer Awards
- Build raised flower beds at King Edward Community Centre for gardening programme 2021

Dec – Current staff 7

- Run 2nd Holiday Hunger Programme for families