



Board of Trustees Recruitment





Welcome

Jenni Tomblin
Chair of Trustees
Active Essex Foundation

The Active Essex Foundation is a registered charity that has been set up to increase the use of physical activity and sport to engage and support the most inactive communities and tackle the inequalities that exist across Essex. We work in partnership with over 200 Locally Trusted Organisations (LTOs) to achieve our mission.

Over the past 2 years, we are pleased to have been able to develop our work around supporting communities across Essex, with a particular focus on supporting at risk and vulnerable young people. We are pleased to have secured significant funding that has allowed us to grow our reach, specialise in a number of key themes including sport and youth crime prevention and tackling holiday hunger and holiday inactivity, as well as the developing work around the use of sport and physical activity to support the mental health and wellbeing of young people.

I am therefore delighted to be able to offer the opportunity for 2-3 individuals, with the required skill sets and drive, to join the Active Essex Foundation Board of Trustees and on our exciting journey.

The role of the Board of Trustees is to make decisions on the strategic and operational

activity of the Active Essex Foundation. The Trustees take into account the interest of our LTOs, supports funding applications, is accountable for decisions and sets high standards for the Foundation.

Equality and the needs of our population are given full regard in all aspects of our work. We are committed to working with our key partners to ensure that actions are in line with good practice so that equality is and remains an integral part of all aspects of our work.

If you want to make a difference to the lives of communities across Essex, have a passion for physical activity and sport and feel that you have the skills to support our mission and vision – we would like to talk to you, so please read on for more information and how to apply.

We are particularly interested in recruiting new members to the Board of Trustees who have an interest and expertise around youth justice, mental health, supporting and capacity building communities and charity law specialists.

Applications are encouraged from all sections of the community to help ensure that the Active Essex Foundation Board of Trustees is representative of the diverse society it serves.



About the Active Essex Foundation

Our Vision

To reduce the inequalities in Essex that prevent fair access to physical activity and sport by empowering disadvantaged communities and changing lives, especially for children and young people, girls and women, people with disabilities and long term health conditions and ethnically diverse communities.

Our Mission

To work in partnership with locally trusted organisations to deliver projects and programme that are impactful and sustainable.

We use sport and physical activity to:

- Inspire communities to become more active, therefore lead leading healthier, happier, more positive lives.
- Raise aspirations, confidence, skills and knowledge, improving employability and enabling individuals to reach full potential
- Strengthen, unify and improve community cohesion, breaking down barriers and addressing inequalities
- Improve physical and mental health wellbeing
- Impact on the reduction of crime and anti-social behaviour

How do we do this?

- We work with our network of over 200 locally trusted organisations to increase opportunities for people to take part in physical activity and sport in their community to achieve positive social and health outcomes
- We develop trusting and long-term strategic partnerships with organisations that align closely to our vision, mission and strategic priorities
- We use an asset-based community development (ABCD) approach to build on the energy and skills that exists in local communities
- We grow capacity locally to sustain activities beyond the life of projects
- We collaborate with a wide range of agencies to secure additional resources
- We build and support networks of locally trusted organisations to share knowledge and resources.

Key outcomes

The key outcomes that we have identified in our theory of change are:

- Improve health and wellbeing
- Reduce crime
- Improve education and employment

Strategic Priorities

In order to achieve our key outcomes we have identified 5 strategic priorities:

1. Use sport and physical activity to prevent youth crime and violence
2. Tackling holiday inactivity and food poverty
3. Build the capacity of locally trusted organisations
4. Supporting young people and children's mental health through sport and physical activity
5. Level up participation in the popular activities of cycling, walking and running

For more information on the Active Essex Foundation please see our website [here](#).

Person Specification

An understanding and empathy of the current sporting landscape with a passion for sport and physical activity will be needed for the successful candidate.

Essential skills:

- Can command confidence and respect, and exercise influence across Essex, Southend, Thurrock and nationally
- Good communication and presentation skills
- Experience of media and public speaking
- Ability to build relationships with a wide range of partners
- Skills in strategic leadership and negotiation
- Skills in team work and diplomacy
- Skills in managing people and resources
- Personal integrity with commitment to maintaining high standards
- Strategic thinker and engaging.

Term of Office/Time Commitment:

- Trustees are appointed for 3 years (1 term) and can serve a maximum of 3 terms
- Trustees may be required to represent Active Essex at county, regional and national events as required
- Trustees are asked to attend quarterly board meetings each year
- The time requirement is likely to be a minimum of 1 day a month (on average) although there will be periods of greater engagement with the Chair and other Trustees.

Active Essex Foundation are determined to ensure that no applicant or successfully appointed board member receives less favourable treatment on the grounds of gender, age, disability, religion, belief, sexual orientation, marital status, or race, or is disadvantaged by conditions or requirements which cannot be shown to be justifiable.

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For more information on the role and to apply, please click [here](#).
Applications must be received by Friday 6th May 2022

