

Public Health Practitioner: Chelmsford

In the past year, partners across Chelmsford have been involved in the development of the Mid Essex Livewell Alliance under the Mid and South Essex ICS with the ambition to support populations of Mid Essex to 'Livewell'. To help coordinate priorities, additional partners have been brought into the Chelmsford health and wellbeing agenda, providing more substantial relationships between community organisations and service providers.



Chelmsford City Council's local Health and Wellbeing Board is a subgroup of the strategic One Chelmsford Board and is chaired by the Cabinet Member for Greener and Safer Chelmsford with coordination support from the Public Health and Protection Services officers.

Livewell Chelmsford is a partnership of local organisations and is made up of members and officers from the City Council, Mid Essex CCG, Essex County Council, Active Essex, Essex Fire & Rescue and community & voluntary sector organisations.

Key Priorities

Review and refresh current health and wellbeing strategy, prioritising:

- Physical activity & healthy weight
- Social Isolation
- Fuel Poverty and Housing Conditions
- Alcohol and Substance Misuse

Facilitating the links with the local health and wellbeing board with wider partners working on integration locally.



Livewell Development Accreditation

The Livewell Development accreditation launched in 2020 providing a practical way for developers and housebuilders to demonstrate that they have been able to incorporate the wider elements of health and wellbeing benefits throughout their design, from meeting the high-quality homes standard, creating environments that support cohesive communities and are improving access to education, skills and employment to promoting environmental sustainability in their developments.

- The accreditation scheme is supported by the Essex Planning Officers Association
- Endorsed by Sport England
- Two developers in Chelmsford has officially for the Livewell Accreditation Scheme
- Scheme has been published in the ['Enabling Healthy Placemaking' RTPI research paper 2020](#)
- Health Impact Assessment training package developed by Ben Cave and Associates.

Activity Levels



Active adults (X)

65.5%

Inactive adults (X)

22.7%

Mental Health



13.8%

population recorded common mental health disorder

549 referrals were made by Mid CCG to the crisis team.

Social Value



129

Older people were supported in February 2022 in getting back into physical activity.

400+

Students accessing cycling maps through Explore Chelmsford Family Cycle project.

How is the Public Health grant managed in your area?

To date, the Public Health Grant has been used to fund different projects such as: the SOS Bus Night-time Economy project, development of the local Health and Wellbeing Strategy and funding membership with the UK Healthy Cities Network.

Going forward, with the refresh of the Health and Wellbeing Plan and Alliance structures being formed, the Public Health Grant will be used to align with strategic priorities, exploring options of joining up strategic budgets with wider partners to match-fund initiatives and co-design projects.

