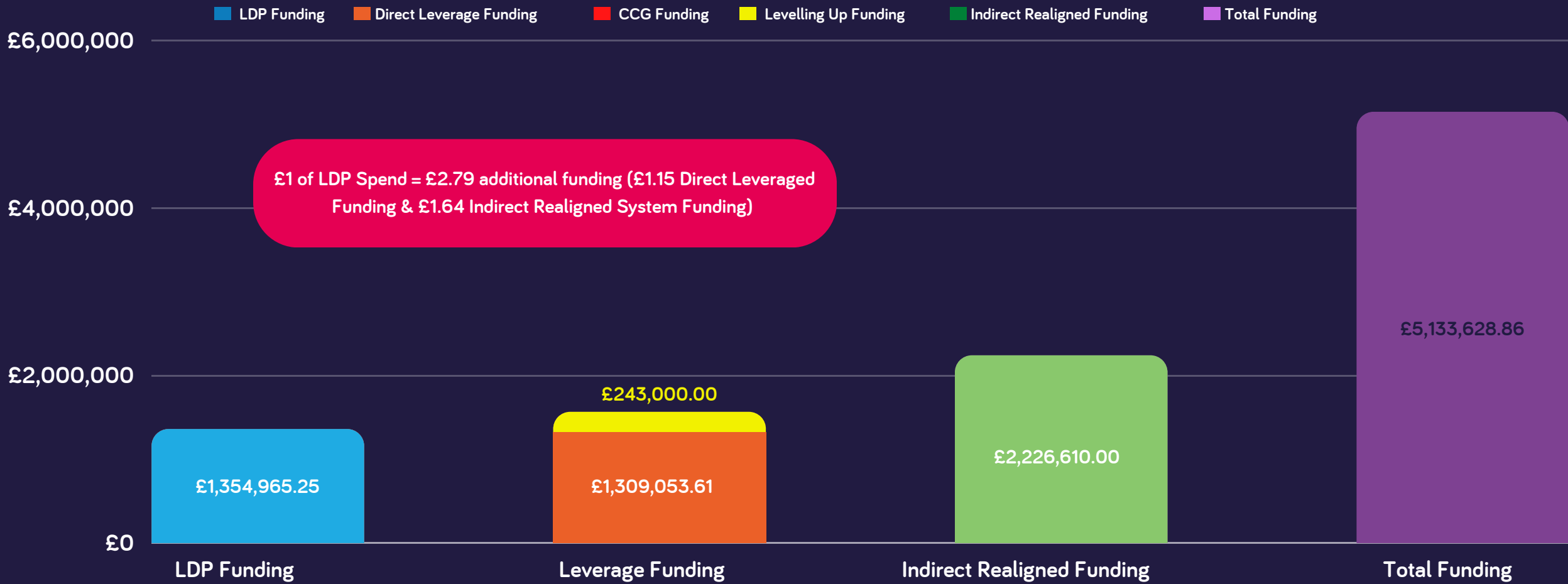


Active Essex Local Delivery Pilot (Work in Basildon)



Quarterly Report September- December 2022

Basildon approved investment proposals April 2020 - December 2022



LDP Spend
Use of Sport England Grant

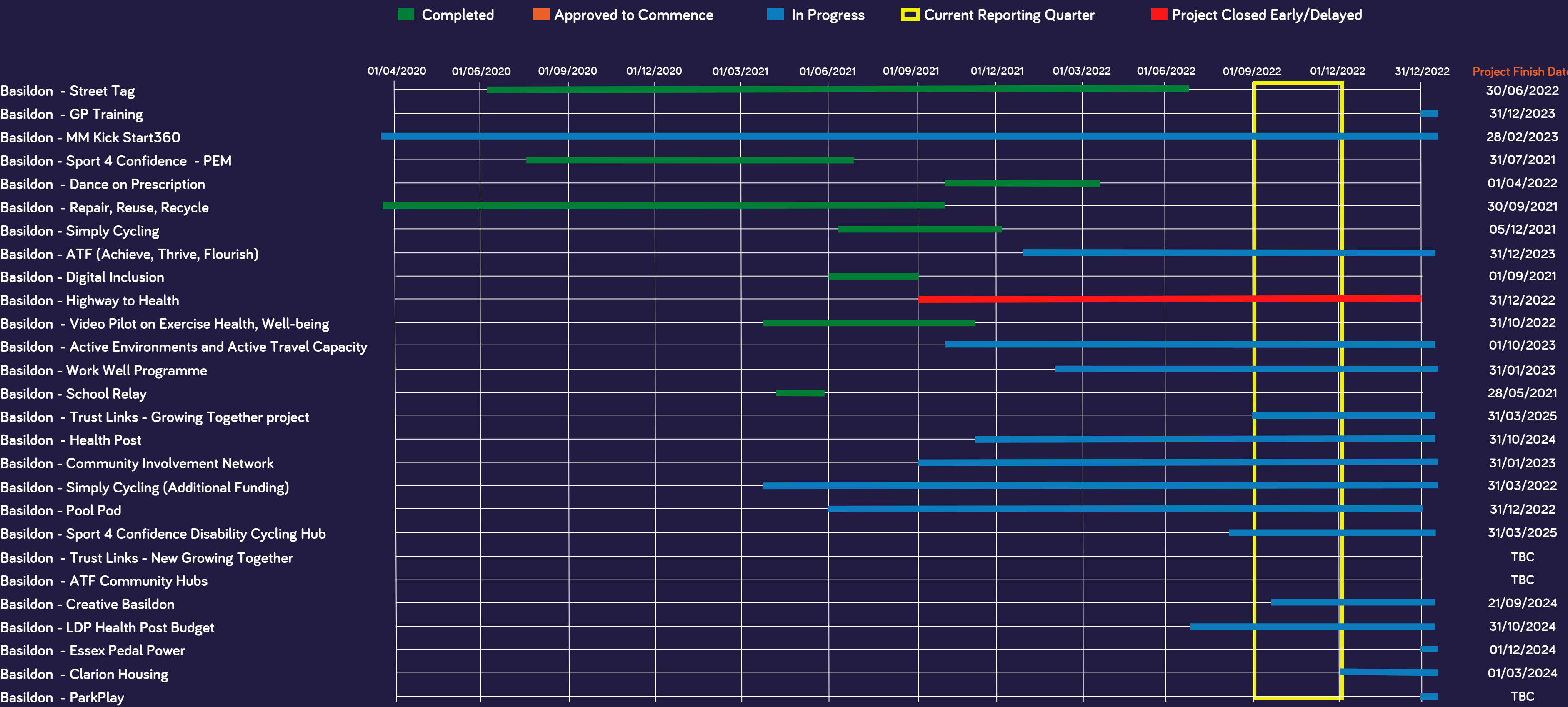
Direct Leveraged Funding
Funding provided by partners to directly match the Sport England Funding

Indirect Realigned System Funding
New investment to tackle physical inactivity associated with the LDP but not direct match for the Sport England funding

- Indirect Realigned Funding**
- Street Tag - £18,000**
Welcome Back Fund via Basildon Borough Council's Economic Development Team - £18,000
 - Achievement Through Football - £20,000**
Welcome Back Fund via Basildon Borough Council's Economic Development Team - £20,000
 - ECC Youth Service - £300,000**
Basildon Borough Council - £300,000
 - Gardiners Lane South Development - £120,000**
Basildon Borough Council - £120,000
 - Video Pilot - Side By Side - £5000**
Find your Active - £5,000
 - Dance on Prescription - £20,000**
NHS England funding - £20,000
 - Place Facilities - £178,520**
Changing Place Facilities Laindon and Billericay - £178,520
 - Volunteering Environment, Culture, Physical Activity - £250,000**
Arts Council Volunteering Futures - £250,000
 - Sport for Confidence - £1,335,909**
Sport 4 Confidence Prevention Enablement Model - £1,335,909

- Leverage Funding**
- Trust Links - Growing Together - £425,803**
-ECC Strengthening Communities (£60,000)
-Basildon and Brentwood CCG (£135,000)
-ECC Better Care Fund (£15,000)
-Basildon Health and Wellbeing Partnership (£5,000)
-ECC Contain Outbreak Management Fund (£5,000)
-Clarion Housing and Clarion Futures (£20,000)
-Essex County Council Locality Fund (£5,000)
-National Lottery Community Fund (£180,803)
 - Digital Inclusion - £10,000**
-Countryside Properties (£10,000)
 - Trust Links - £84,000**
-ECC Levelling Up Fund (£84,000)
 - Achieve, Thrive, Flourish Community Hubs - £159,000**
-ECC Levelling Up Fund (£159,000)
- Street Tag - £7,000**
Creative Basildon - £64,432
-Arts Council £250,000, ACE Creative People and Places £40,000, and Heritage Lottery Fund £30,000.
- LDP Health Post - £79,500**
-Brentwood and Basildon CCG (£79,500)
- Community Involvement Network - £8,400**
-In-Kind (£8,400)
- GP Training - £13,000**
-Basildon and Brentwood Alliance (£13,000)
- Highway to Health - £9,603**
Basildon Simply Cycling - £3,617
-Cycling UK (£815)
- Basildon Pool Pod - £5,000**
-Basildon Health and Wellbeing Partnership (£5,000)
- Video Pilot Project - £3,000**
-Public Health Funding (£3,000)
- Sport 4 Confidence Disability Cycling Hub - £44,180**
Cycling UK - £2,476
Creative Basildon - £290,000
LDP Health Post Budget - £30,000
Essex Pedal Power Basildon - £307,552
Clarion Housing 'Active Vange' - £42,428.61

Current Investment Schedule April 2020 - December 2022



Microgrants

Changing Lives – Microgrant Approved, £2,458.80 Awarded



David Simmons, Co-Director says “Being a refugee myself and knowing how much Changing Lives has done for me, it’s great that I’m now able to use my qualifications and training to support others. I can speak Arabic, which helps me to communicate with participants. We have been able to train at a local park and now continue floodlit pitches through winter due to the funding which has provided equipment, venue costs and kit. The smiles on their faces when they play football is what it’s all about.”

In November, Changing Lives submitted a successful microgrant application which will continue a new football initiative recently launched in Basildon to support refugees and asylum seekers in collaboration with Care 4 Calais (a volunteer ran refugee crisis organisation). Since September Changing Lives have run weekly football sessions this fund will enable the group to continue through the winter months funding the venue fees of a floodlit pitch, new football kit and training equipment.

This funding from Find Your Active Basildon has been vital in supporting asylum seekers and refugee’s. The football sessions not only give them a chance to access free activity, but it makes them feel part of a wider community and gives a positive structure. The project has enabled them to continue to be active and healthy.

Noel, 15, “The football helps with my confidence as I’m able to meet other people of all ages. It keeps me fit and active.”



Overview

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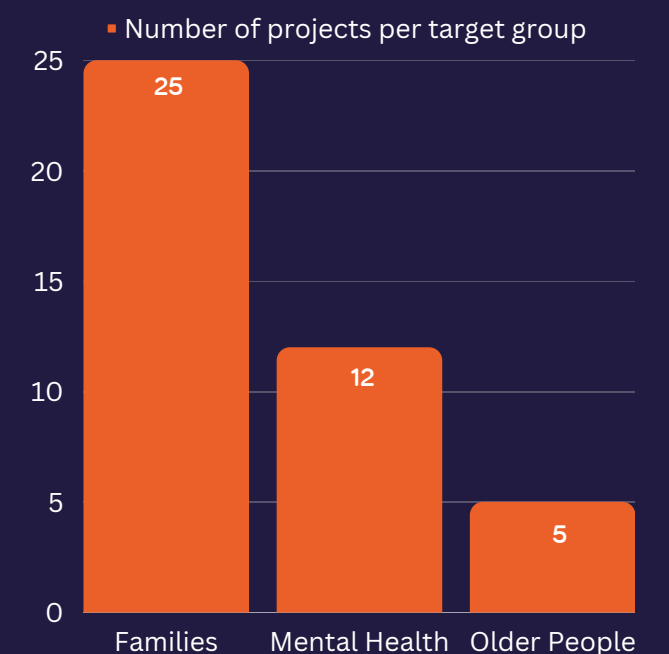
microgrants approved in Basildon

63%

% of Microgrant Projects in Basildon that have been completed

£90,754.54

The amount LDP has invested in Microgrants in Basildon



Essex Pedal Power Basildon

This quarter the LDP Investment Panel approved a £314,108 investment into Essex Pedal Power Basildon. This will be rolled out using a different approach to the other Essex Pedal Power schemes, relying on LTOs and Basildon Hospital to distribute the majority of the bikes



The project will initially run January 2023 to December 2024 employing four staff:

- Project Coordinator
- Project Support Worker
- Mechanic
- Volunteer Coordinator

Essex Pedal Power Basildon will provide a minimum of 600 free bikes to people facing some of the largest inequalities in the borough

Activity Award Winners

To commemorate contributions to physical activity, sport and wellbeing, Active Essex held its annual inspirational evening on Tuesday 6th December at Chelmsford City Racecourse.

Across Essex, many different individuals, groups, communities, workplaces, and schools enthuse the importance of physical activity, sport, and movement, no matter how big or small. The awards highlighted a wide range of encouragement, confidence, and positivity from these people, which we hope in return, will also encourage others to find the right activity for them.

Basildon had two big wins from the event. These were ATF winning the Strengthening Communities award and Kool Carers winning the Active & Inclusive award



Link to recording of awards



Project Spotlight: Basildon Health Post

In June 2021 LDP agreed to fund a dedicated health post hosted by Basildon and Brentwood CCG. They invested £79,500 to fund the role for 3 years.

The aim of the role involves a diverse range of activities to support the delivery of increasing physical activity in patients. This role is responsible for supporting in the implementation and delivery across primary, community and the third sector. It will improve the systems that tackle physical inactivity and longer-term health of patients.

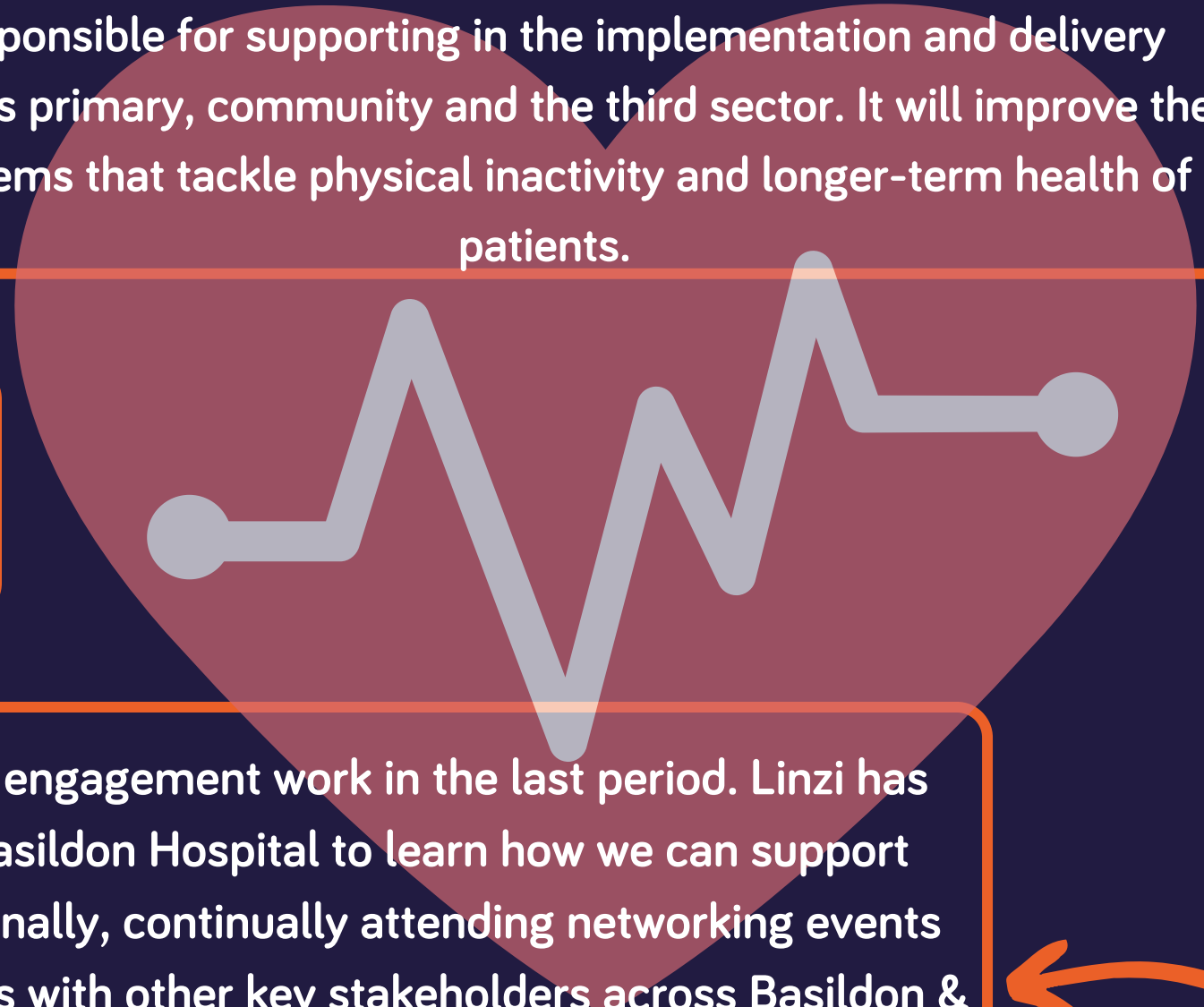
A work programme has been developed for the post involving a mix of short, medium and long term projects

Some of the short/medium term projects involve working with the primary care networks and include Buggy Walks in Laindon, Dance on Prescription and GP Champion Training.

Now sharing the learnings and successes of the project with Colchester who are looking at a similar post

There has been a lot of engagement work in the last period. Linzi has been engaging with Basildon Hospital to learn how we can support secondary care. Additionally, continually attending networking events and building relationships with other key stakeholders across Basildon & Brentwood. Building these relationships help to support and align to social prescribing.

One of the big successes of this period is the Workplace Wellbeing (CCG & Wider ICS). There was around 90 participants in the last challenge and badminton classes have been carried out with positive feedback





Clarion Housing

Recently approved LDP investment in Basildon

This is a project to develop an 18-month programme of physical and wellbeing activities that is free and tailored for residents of the 3/4 estate in Vange. Jointly delivered by a new working group of local partners and residents who will lead on an innovative and proactive communications initiative while taking the first steps towards building a citizen led estate. The LDP has invested £24,106.35 into this project. Vange is the most deprived of the 16 wards within Basildon and the 3/4 estate has close to 1,000 homes which are owned by Clarion Housing, Basildon Council or private owners.

The main outputs from this project include:

- At least 3 activity sessions/week for at least 50 people
- Increase and maintain physical activity levels of around 200 people through the lifetime of the programme
- Contribute to reduced levels of obesity in children through exercise and healthy eating programmes
- Engage 30 volunteers in a range of activities
- Contribute to reducing the fear of crime by utilising open spaces which are currently considered unsafe
- Support residents of the 3/4 estate to be more physically active, engaged and empowered to make long term positive change to their personal lives, community and estate

