

## Outcomes Framework for the Children and Young People (CYP) Theme

Theme	Outcomes	Outcome Measure
<b>Children and Young People (CYP):</b> <b>Creating and enabling more opportunities for CYP with a focus on:</b> <ul style="list-style-type: none"> <li>- CYP that experience barriers in accessing sport and physical activity</li> <li>- CYP least likely to lead active lives</li> <li>- CYP that are underserved by accessible opportunities to be active</li> </ul>	<b>CYP1:</b> CYP are more physically active	a. Number of CYP taking part in regular physical activity. b. Number of CYP reporting that they are taking part in more physical activity than before. c. Number of CYP moving from no regular activity (inactivity) to some activity.
	<b>CYP2:</b> CYP have positive experiences of being active	a. CYP report that they enjoy being active. b. Parents/carers report positive experiences of physical activity by their children. c. CYP report that they would like to continue to be active. d. CYP report feeling included and empowered by their experiences of being active.
	<b>CYP3:</b> Organisations that provide opportunities to be active to CYP have the capacity and capability to reach our target audience and enable them to lead active lives.	a. Funded organisations demonstrate that they have the connections they need to reach their target audiences. b. Funded organisations describe sustainable business models and exit strategies having received funding from LMCT. c. Funded organisations demonstrate their commitment to involving CYP in decision making within their organisations.
	<b>CYP4:</b> Places, spaces and facilities where CYP can be active are accessible, safe and welcoming with particular consideration of those who are not currently well-served by opportunities to be active.	a. CYP report feeling safe, comfortable and confident when being active. b. Funded organisations demonstrate that they are creating a supportive environment for CYP. c. Spaces, places and facilities where sport and physical activity take place are accessible.

## Outcomes Framework for the Participation Theme

Theme	Outcomes	Outcome Measure
<b>Participation (P): Placing diversity at the heart of our work by being inclusive and supporting marginalised groups and communities with a focus on:</b> <ul style="list-style-type: none"> <li>- Communities that are not well served with opportunities to be active.</li> <li>- Communities that are least likely to lead active lives.</li> <li>- Communities that experience discrimination and systemic oppression, contributing to higher levels of inactivity.</li> </ul>	<b>P1:</b> People from marginalised communities lead active lives.	a. Number of people taking part in regular physical activity. b. Number of people reporting that they are taking part in more physical activity than before. c. Number of people moving from no regular activity (inactivity) to some activity.
	<b>P2:</b> People feel safe, confident and empowered by participating in physical activity.	a. People report that they enjoy being active. b. People report that they would like to continue to be active. c. People report that they feel safe when being physically active. d. People report that they feel confident, included and empowered by their experiences of being active.
	<b>P3:</b> People from marginalised groups feel connected to spaces in their communities.	a. People report that they can access safe, welcoming opportunities to be active in their local area. b. People report that they are well served by accessible opportunities to be active
	<b>P4:</b> Places, spaces, and facilities are more accessible to marginalised groups.	a. Funded organisations demonstrate that they are creating a supportive environment for marginalised groups. b. Marginalised communities are involved in creating and sustaining local places/spaces/facilities where they can be active.

## Outcomes Framework for the Inclusivity Embedded Theme

Theme	Outcomes	Outcome Measure
<b>Inclusivity (I): LMCT's approach encourages and enables funded organisations to commit to Diversity, Equity and Inclusion (DEI) within their governance, operations and plans.</b> -	<b>I1:</b> Funded organisations demonstrate a commitment to DEI	<ul style="list-style-type: none"> <li>a. Funded organisations commit to having a written DEI plan in place, publicly sharing their DEI plans and their progress in this area.</li> <li>b. Funded organisations include members of the communities they wish to engage in their decision-making structures, staff, senior leadership, volunteer base and trustees.</li> <li>c. Equity led groups benefit from LMCT's funding.</li> <li>d. LMCT's funding programmes reach organisations with diverse leadership.</li> <li>e. LMCT's funding programmes reach organisations that are embedded within the communities they wish to reach with their work.</li> </ul>

## Outcomes Framework for the Sustainability Embedded Theme

Theme	Outcomes	Outcome Measure
<b>Sustainability (S): LMCT's approach encourages and enables funded organisations to commit to building long term sustainability – environmental, social and economic – into their plans.</b>	<b>S1:</b> Funded organisations demonstrate a commitment to environmental sustainability	a. Funded organisations commit to developing an environmental sustainability policy. b. Funded organisations commit to reducing waste. c. Funded organisations promote, encourage and support active travel. d. Funded organisations promote, encourage and support more environmentally friendly ways of travelling e.g. public transport, vehicle sharing, reducing the need to travel. e. Funded organisations take practical steps to save energy.
	<b>S2:</b> Funded organisations demonstrate economic and social sustainability	a. Posts funded by LMCT are paid the Living Wage. b. Funded organisations commit to becoming Living Wage Employers. c. Organisations demonstrate that they can continue operating once LMCT funding has finished. d. Funded organisations support pathways to employment for participants. e. Funded organisations support pathways to volunteering for participants.