

**Outcomes Framework for the Children and Young People (CYP) Theme**

| Theme   | Outcomes   | Outcome Measure  |
|---|--|--|
| <p><b>Children and Young People (CYP):</b><br/> <b>Creating and enabling more opportunities for CYP with a focus on:</b></p> <ul style="list-style-type: none"> <li>- <b>CYP that experience barriers in accessing sport and physical activity</b></li> <li>- <b>CYP least likely to lead active lives</b></li> <li>- <b>CYP that are underserved by accessible opportunities to be active</b></li> </ul> | <p><b>CYP1:</b> CYP are more physically active</p>   | <ul style="list-style-type: none"> <li>a. Number of CYP taking part in regular physical activity.</li> <li>b. Number of CYP reporting that they are taking part in more physical activity than before.</li> <li>c. Number of CYP moving from no regular activity (inactivity) to some activity.</li> </ul>   |
|   | <p><b>CYP2:</b> CYP have positive experiences of being active</p>  | <ul style="list-style-type: none"> <li>a. CYP report that they enjoy being active.</li> <li>b. Parents/carers report positive experiences of physical activity by their children.</li> <li>c. CYP report that they would like to continue to be active.</li> <li>d. CYP report feeling included and empowered by their experiences of being active.</li> </ul>   |
|   | <p><b>CYP3:</b> Organisations that provide opportunities to be active to CYP have the capacity and capability to reach our target audience and enable them to lead active lives.</p>                                 | <ul style="list-style-type: none"> <li>a. Funded organisations demonstrate that they have the connections they need to reach their target audiences.</li> <li>b. Funded organisations describe sustainable business models and exit strategies having received funding from LMCT.</li> <li>c. Funded organisations demonstrate their commitment to involving CYP in decision making within their organisations.</li> </ul> |
|   | <p><b>CYP4:</b> Places, spaces and facilities where CYP can be active are accessible, safe and welcoming with particular consideration of those who are not currently well-served by opportunities to be active.</p> | <ul style="list-style-type: none"> <li>a. CYP report feeling safe, comfortable and confident when being active.</li> <li>b. Funded organisations demonstrate that they are creating a supportive environment for CYP.</li> <li>c. Spaces, places and facilities where sport and physical activity take place are accessible.</li> </ul>  |

## Outcomes Framework for the Participation Theme

| Theme  | Outcomes   | Outcome Measure  |
|--|--|--|
| <p><b>Participation (P): Placing diversity at the heart of our work by being inclusive and supporting marginalised groups and communities with a focus on:</b></p> <ul style="list-style-type: none"> <li>- <b>Communities that are not well served with opportunities to be active.</b></li> <li>- <b>Communities that are least likely to lead active lives.</b></li> <li>- <b>Communities that experience discrimination and systemic oppression, contributing to higher levels of inactivity.</b></li> </ul> | <p><b>P1:</b> People from marginalised communities lead active lives.</p>                          | <ul style="list-style-type: none"> <li>a. Number of people taking part in regular physical activity.</li> <li>b. Number of people reporting that they are taking part in more physical activity than before.</li> <li>c. Number of people moving from no regular activity (inactivity) to some activity.</li> </ul>  |
|  | <p><b>P2:</b> People feel safe, confident and empowered by participating in physical activity.</p> | <ul style="list-style-type: none"> <li>a. People report that they enjoy being active.</li> <li>b. People report that they would like to continue to be active.</li> <li>c. People report that they feel safe when being physically active.</li> <li>d. People report that they feel confident, included and empowered by their experiences of being active.</li> </ul> |
|  | <p><b>P3:</b> People from marginalised groups feel connected to spaces in their communities.</p>   | <ul style="list-style-type: none"> <li>a. People report that they can access safe, welcoming opportunities to be active in their local area.</li> <li>b. People report that they are well served by accessible opportunities to be active</li> </ul>   |
|  | <p><b>P4:</b> Places, spaces, and facilities are more accessible to marginalised groups.</p>       | <ul style="list-style-type: none"> <li>a. Funded organisations demonstrate that they are creating a supportive environment for marginalised groups.</li> <li>b. Marginalised communities are involved in creating and sustaining local places/spaces/facilities where they can be active.</li> </ul>   |

**Outcomes Framework for the Inclusivity Embedded Theme**

| Theme   | Outcomes   | Outcome Measure  |
|---|--|--|
| <p><b>Inclusivity (I): LMCT’s approach encourages and enables funded organisations to commit to Diversity, Equity and Inclusion (DEI) within their governance, operations and plans.</b></p> <p>-</p> | <p><b>I1:</b> Funded organisations demonstrate a commitment to DEI</p> | <ul style="list-style-type: none"> <li>a. Funded organisations commit to having a written DEI plan in place, publicly sharing their DEI plans and their progress in this area.</li> <li>b. Funded organisations include members of the communities they wish to engage in their decision-making structures, staff, senior leadership, volunteer base and trustees.</li> <li>c. Equity led groups benefit from LMCT’s funding.</li> <li>d. LMCT’s funding programmes reach organisations with diverse leadership.</li> <li>e. LMCT’s funding programmes reach organisations that are embedded within the communities they wish to reach with their work.</li> </ul> |

**Outcomes Framework for the Sustainability Embedded Theme**

| Theme   | Outcomes  | Outcome Measure  |
|---|---|--|
| <p><b>Sustainability (S): LMCT’s approach encourages and enables funded organisations to commit to building long term sustainability – environmental, social and economic – into their plans.</b></p> | <p><b>S1:</b> Funded organisations demonstrate a commitment to environmental sustainability</p> | <ul style="list-style-type: none"> <li>a. Funded organisations commit to developing an environmental sustainability policy.</li> <li>b. Funded organisations commit to reducing waste.</li> <li>c. Funded organisations promote, encourage and support active travel.</li> <li>d. Funded organisations promote, encourage and support more environmentally friendly ways of travelling e.g. public transport, vehicle sharing, reducing the need to travel.</li> <li>e. Funded organisations take practical steps to save energy.</li> </ul> |
|   | <p><b>S2:</b> Funded organisations demonstrate economic and social sustainability</p>           | <ul style="list-style-type: none"> <li>a. Posts funded by LMCT are paid the Living Wage.</li> <li>b. Funded organisations commit to becoming Living Wage Employers.</li> <li>c. Organisations demonstrate that they can continue operating once LMCT funding has finished.</li> <li>d. Funded organisations support pathways to employment for participants.</li> <li>e. Funded organisations support pathways to volunteering for participants.</li> </ul>  |