

LDP HIGHLIGHTS

W C 19th June 2023

ACTIVE ESSEX PRESENT AT HERTS SPORTS AND PHYSICAL ACTIVITY PARTNERSHIP AWAY DAY

Last week Amelia from the Insight and Evaluation team was invited to present at Hertfordshire's Active Partnership Away Day on Essex's approach to measuring change in a place. Amelia shared the principles of the evaluation approach and key learnings from collecting data in a place-based way.

The session was really well received and Hertfordshire's team were keen to explore some of the techniques further in their place based offer.

'It was fantastic to share details on our local approach to evaluation with our county neighbours who are aiming to strengthen the learning from their place based work.' - Amelia

For more information, please get in touch with Amelia (Amelia.Hall@Activeessex.org)



SPORT ENGLAND UPDATE

UNITING THE MOVEMENT IMPACT REPORT RELEASED

The update explains what we've achieved over the last year and highlights the impact of working with our partners in the physical activity sector.

<https://www.sportengland.org/news/uniting-movement-impact-report-published>

BASILDON UPDATE

BASILDON CONSTABLE PAINTING PUZZLE CHALLENGE

Basildon Council, the National Gallery, Things Made Public, and Street Tag worked together to run an exciting puzzle competition with the opportunity to win some fantastic prizes. To participate in this challenge, residents simply needed to utilize the street tag app's monument tours feature to locate the image that was divided into eight parts, each represented by a picture strategically placed within Basildon's existing Monument Trails.

This was part of the momentous visit of John Constable's masterpiece, *The Cornfield*, visiting Basildon from the National Gallery.

The winners were announced yesterday so head over to street tags social media pages to find out who won!



NORTHLANDS PARKPLAY

Northlands ParkPlay have recently celebrated their 2nd Birthday with a great turnout of 69 participants attending to celebrate the event.

In addition, Christina, a young ParkPlay volunteer who has been supporting Northlands ParkPlay since the very beginning recently received a Jack Petchy award in recognition of all her hard work and dedication to supporting ParkPlay and ATF.

Christina chose to spend her money on some new equipment and food for this celebration event so everyone that attends can enjoy it too.

She is a real inspiration for other young volunteers and the ParkPlay team are incredibly grateful for all her support.

Constable Visits
is organised by:



JOIN THE CONSTABLE PAINTING PUZZLE CHALLENGE!

SOLVE THE PUZZLE, WIN EXCITING PRIZES

The image or description will be divided into 8+ parts, each represented by a picture placed within the existing Monument Trails in Basildon.

OBJECTIVE

- Residents are required to locate, interact digitally, and capture screenshots of all 8+ pictures.
- The 8 pictures plus 1 of Constable's *The Cornfield* in Basildon, with a paragraph sharing their experience of "What is or what was your walk-to-school experience?"

PRIZE OFFER

Vouchers to local active organisations and unique, exciting cultural experiences within the borough.

Submit your entries to
marketing@streettag.co.uk




Park Play

BASILDON UPDATE

HEALTH & WELLBEING WALK

The second monthly Health & Wellbeing Walk for local Primary Care Healthcare professionals, GP's, Practice Managers and Basildon & Brentwood Alliance colleagues (and their children), etc recently took place at Basildon Sporting Village. This session fortunately saw the sunshine and was thoroughly enjoyed by all.

Basildon & Brentwood Alliance worked with Everyone Active at Basildon Sporting Village who kindly offered to provide their Athletics Track free of charge. The group were also joined by an Occupational Therapist from Sport for Confidence, who is keen to support the walk, Basildon Council colleagues as well as other partners.

The next session is 22nd June at 6.30pm, please contact Linzi Young if you would like to join us: linzi.young1@nhs.net.



THE FUN WALK TRUST

The Fun Walk Trust in partnership with BBW CVS organise this annual event and invite any local charities, good causes or projects to join and help raise sponsorship money. This year a bonus pot donated by local businesses also tops up any money raised. To find out more information and to get involved <https://thefunwalktrust.co.uk/>

FYA BASILDON OPERATIONAL GROUP MEETING

Another proactive and well attended FYA operational group meeting was held last week. The main agenda item was Motivated Minds presenting their extension funding request for their Physical Activator role which received a unanimous approval and support to progress to the next stage of the application (£19,608.40 for another 2 year funding for the role). We also had some great progress updates from both Active Vange and Basildon Essex Pedal projects. Finally, the group now has an action log to help keep track of all the great discussions and action points that get agreed.



ESSEX PEDAL POWER (BASILDON)

Saturday 10th June saw the first Essex Pedal Power Basildon giveaway at Basildon Hospital, with 18 free bikes given to 18 very pleased members of staff.

Smaller giveaways have also taken place with Women Together, The Advice Store and ATF, meaning over 30 Essex Pedal Power bikes have already made their way to Basildon residents.

COLCHESTER UPDATE

COLCHESTER WALK MOTIVATOR

St Helena Monthly Walk Event (quote from Shawn below)

On Saturday morning I held my fantastic walking group around Highwoods Country Park in glorious sunshine and after the walk we all went over to the education centre at the St Helena Hospice for food and drinks and a little quiz.

We had 29 people attend the event and the feedback was amazing. We will be doing the event again on Saturday 9th September and it's open to all, so if you have anyone interested let me know please .

The walking groups are doing great with the sun now greeting us and numbers are growing, but more importantly it really does make a difference to so many. Thanks for your support everyone.

JOB ADVERT

Communities Can Physical Activities Officer
£27,344 - £33,000

<https://careers.community360.org.uk/jobs/communities-can-physical-activities-officer-engagement-manager/>

- Because you want to use your knowledge of applying an Asset Based Community Development approach to promoting physical activity within the community.
- To use your listening skills to fully understand the needs and wants of the community.
- You want job satisfaction and a role with real purpose.
- To truly make a difference to people's lives

This post and project will build on the Communities Can Core Principles. You will relationship build within the community, strengthening current relations and building new ones. You will connect and build relationships to adopt a citizen led approach with a focus on what the community can do for themselves. You will implement an assets-based approach and focus on what is 'strong not wrong'. You will look at the strengths which will highlight what works, which will then motivate and inspire the community.

To succeed with the objective of getting Colchester more active; we will listen to the needs and wants of the community through an asset-based community development approach (ABCD). This will enable us to understand their ambitions in which we can work with them to create new and exciting opportunities. We will promote the ABCD approach to a host of Community Groups that Community360 have long standing fantastic relationships with. This will help them connect with their community members to determine what physical activity they would like to implement. The project will demonstrate inclusivity where all members of the community have a voice and an ability to help create fantastic physical activity opportunities.



COLCHESTER UPDATE

WHEELS FOR ALL COLCHESTER RECEIVES £58K GRANT FROM NHS

Wheels for All Colchester has expanded its operation after being awarded a whopping £58,000 pot of funding from the NHS. The charity has already put the investment to good use, paying for additional cycle track sessions at the Colchester Sports Park.

Other uses of the money so far include purchasing more adaptive bicycles for differing abilities, financing staffing and support and helping to identify who would benefit from the scheme.

