

LDP HIGHLIGHTS

W/C 11th September 2023

UPDATES

ESSEX LDP SUCCESS RECOGNISED IN AWARD NOMINATION

Our Director - Jason Fergus has been shortlisted for the Outstanding Leadership award at the prestigious UK Active Awards. Up against 9 other candidates one of the reasons Jason has been shortlisted is due to the great leadership he has shown in the Essex LDP.

PLEASE ENCOURAGE AS MANY OF YOUR COLLEAGUES AND NETWORKS AS POSSIBLE TO VOTE FOR JASON. Voting is easy and takes only a matter of seconds by clicking [here](#). Voting closes on the 22nd of September!

ESSEX PEDAL POWER UP FOR 3 DIFFERENT AWARDS IN OCTOBER

Our LDP flagship programme is up for three different awards in October:

- 5th October – National Transport Awards for best project in Diversity, Inclusion, Accessibility
- 11th October – National Highway Awards for best project in Active Travel
- 26th October – UK Active Awards for best project in Innovation

We will let you know the results as they come in!



UPDATES

ESSEX LDP CORE TEAM IN-PERSON NETWORKING MEETING ON TUESDAY 10TH OCTOBER IN BASILDON

The LDP core team, made up of over 100 people who are working on our LDP across our three test areas and Essex, are coming together on Tuesday 10th October at the Wat Tyler Centre in Basildon. The focus will be on networking, sharing information and best practice, and planning for future work of our LDP.

There will also be key updates on the most important development for our LDP.

For further information, contact Jack Berry:

jack.berry@activeessex.org



ActiveEssex
Local Delivery Plan

LDP CORE TEAM SHARE & LEARN

🕒 10TH OCTOBER, 2023 - 10AM-1:30PM
Space available for informal meetings in the afternoon

📍 WAT TYLER COUNTRY PARK, BASILDON, SS16 4UH
🍽️ LUNCH PROVIDED

You're Invited!

We are bringing the Essex LDP family together for the first in-person, LDP Core Team Share & Learn event this year.

The morning event will include a discussion around the Essex LDP journey so far, and touch upon the future of LDP's with Sport England's plan for Place Expansion and LDP Deepening. This will be followed by a chance to get to know your LDP colleagues or connect with those you already work alongside, as well as share key issues and best practices in creating more active communities in our most deprived areas of Essex.

Following a free and delicious lunch, we invite you to stay for the afternoon and use the space provided to continue connecting with those around you.

We hope this will be a great opportunity for you and the first of many in-person LDP Core Team meetings in the future.

NEW PUBLIC HEALTH SMALL GRANTS PROGRAMME LAUNCHED FOR ESSEX

We are pleased to announce that organisations can now apply for a small grant between £500 and £15,000 to help deliver innovative projects that improve the health of residents across Essex.

Physical activity projects are welcome for the new small grants programme called Public Health Accelerator Bids (PHAB)

There is no deadline to submit a small grant application, however, this may change depending on the volume of applications received.

The major grants element of PHAB was launched during the summer, attracting exceptional interest from 75 organisations across Essex.

Find out more and apply here:

<https://www.essex.gov.uk/phab/apply-small-grant>

Small Grants Scheme

NOW OPEN

NEW GOVERNMENT STRATEGY FOR SPORT AND PHYSICAL ACTIVITY LAUNCHED CALLED 'GET ACTIVE'

By 2030 the Government want to see:

- Over 2.5 million more active adults.
- Over 1 million more children meeting the Chief Medical Officers' guidelines on physical activity.
- Activity rates increasing and inactivity levels decreasing in all parts of the country.

To reduce the disparities in participation rates, these will focus on the groups identified by Active Lives data as being the least active:

- 1.4 million more active adults from those in NS-SEC
- 0.7 million more active people who identify as having 1 or more disabilities.
- 1.5 million more active adults aged 55+.
- 1.25 million more active women.
- 0.19 million more active Asian adults.
- 0.09 million more active black adults.

Read the full strategy here: [Get Active - New Government Strategy](#)

Policy paper

Get Active: a strategy for the future of sport and physical activity

Published 30 August 2023

SPORT ENGLAND UPDATES

[CAPITAL PHASE OF SWIMMING POOL SUPPORT FUND OPENS FOR APPLICATIONS](#)

The second phase of the Swimming Pool Support Fund is now open to applications from local authorities with pools in their area.

This phase sees £40 million of government funding being made available for local authorities to invest in improving the energy efficiency of public facilities with pools in the medium to long term.

We're also providing £20m of National Lottery capital funding to complement the government money, bringing the total capital fund to £60m.

It follows the £20 million revenue phase of the [Swimming Pool Support Fund \(SPSF\)](#), which opened to applications earlier in the summer and is now closed, with funding decisions expected by the end of this month.

[SECOND STORY STATEMENT ON THE GOVERNMENT'S NEW SPORT STRATEGY](#)

Our chief executive has reacted to the publication of 'Get Active: A strategy for the future of sport and physical activity'.

The Department for Culture, Media and Sport has published the government's new sport strategy, '[Get Active: A strategy for the future of sport and physical activity](#)'.

Following its publication, Tim Hollingsworth, our chief executive, has issued the following statement, [click here](#) to find out more.

EVENT: Register for this Thursday's strategy online event
Sign up now for the virtual town hall event

Following the launch of the Government's new sport strategy, 'Get Active: a strategy for the future of sport and physical activity', the Department for Culture, Media and Sport (DCMS) is hosting two virtual 'town hall' events where they will present on the key themes and objectives for the strategy and take any questions on what is in the document.

The sessions will be chaired by Adam Conant, Head of Sport, and he'll be accompanied by members of the team who lead on the development of the strategy.

The session will take place on Thursday 14 September between 11am-12noon. Please forward the invite to any colleagues who you feel would benefit from attending.

You can register to join this event online via the link below.
[HERE](#)

[WE ARE UNDEFEATABLE PARTNERS WITH BILL BAILEY ON FREEDOM TO MOVE](#)

The campaign burst highlights the benefits of physical activity hidden in everyday movement and shines a light on why you don't need to spend money to stay active and healthy.

We Are Undefeatable has teamed up with comedian Bill Bailey to launch Freedom To Move, showcasing free ways to boost activity levels – with its Big Talk: Public Consultation also now open.

TENDRING UPDATES

HARWICH FIND YOUR ACTIVE FESTIVAL - ACTIVITIES COMMUNITIES TASTER DAY

This event took place at Park Pavilion in Harwich on Sat 2nd Sept and was a great success, engaging over 80 people to see the physical activity opportunities available in their area. The event was coordinated by the LDP funded Physical Activity Community Connector role Shirley at CVS Tendring.

Activities included seated yoga, long-term condition fitness class, beginners tap dancing, line dancing, bike maintenance demonstration by Essex Pedal Power and martial arts. There were also lots of stalls for other community groups to share what they do in Harwich.



COLCHESTER UPDATES

WELCOME TO EMILY WINGATE - COMMUNITIES CAN ROLE FOR COLCHESTER

Emily has now started as the LDP funded Communities Can role for Colchester, hosted by Community 360. The role will build on the Communities Can Core Principles, will build and strengthen relationships within the community and will support community capacity building in relation to physical activity. Welcome to the LDP team Emily!

BASILDON UPDATES

FIND YOUR ACTIVE FESTIVAL

The second Find Your Active Basildon Festival took place on Saturday 12th August 2023 at Basildon Sporting Village. The event was a fun filled day for everyone in the community, which gave local health and activity providers the opportunity to showcase what they have to offer and gave local people the chance to try out a huge range of sports and activities for free. It was a great atmosphere and more than 300 people attended.

It was great to see our residents getting involved – but more importantly it was another opportunity to show residents that we are serious about helping them live healthier, happier lives.



ACHIEVE THRIVE FLOURISH (ATF)

ATF have many volunteers at their Active Essex HAF clubs across Basildon. This summer Active Essex decided to enlist these young volunteers onto a new programme, LIT: Leader's In Training. They all received t-shirts and some goody bags as well as certificates of their achievements over the past 6 weeks. They have been amazing!!

ATF have been promoting this type of volunteering for a few years and give the volunteers some vouchers for their hard work and inspiration to the children in their community. ATF will also be taking them all out for the evening in September as a celebration of their achievements and hard work.



ACCESSIBILITY OF PARKS AND GREEN SPACES ACROSS BASILDON

On Friday the Basildon Disability Forum, Basildon Council Members and Officers and colleagues from Active Essex and Colchester Council met to learn and discuss accessibility of parks and green spaces across Basildon.

We travelled to three sites, discussing how current infrastructure can be improved and adapted as well as how changes can be made on future work to create more accessible, inclusive spaces for our residents.

