

# We delivered...



Over **100,000** spaces delivered by **100** organisations across **175** clubs

## Essex Summer 2022

**49%** of children returned to an ActivAte club this summer

**74%** of young people were not participating in the recommended 60-minutes of physical activity a day before attending an ActivAte club

**17** Mental Wellbeing hubs

**22** Dedicated SEND clubs



**12,000** young people & children supported

“Every activity at this site means that every child can be the best version of themselves.”  
- Provider

“My child loved the social aspects and physical exercise. The challenges given by the club were fun and entertaining.”  
- A parent from Braintree

**1 in 3** young children tried new food groups

**55%** of parents were extremely satisfied with the food provided for their child

**87%** 5 - 11 year olds

**13%** 12 -16 year olds

### ...As a result

**51%** of young people were new to ActivAte this summer

**66%** of parents said their child benefited from socialising with other children at a club

**271** children benefited the most from having a nutritious, hot meal

**10,000** family packs were distributed to help families stay active and receive support

**146** Ukrainian refugees

**58%** of young children who responded to the survey said the clubs helped with their mental health & well-being

**40%** of children benefited from taking part in physical activity