

LDP HIGHLIGHTS

24th October 2023

UPDATES

PRIME MINISTER RISHI SUNAK VISITS ESSEX PEDAL POWER IN CLACTON AND JAYWICK

The Prime Minister, Rishi Sunak, visited Clacton last week to learn about the opportunities created by Levelling Up funding to the area. Rishi Sunak met with Rosie and her team along with Essex Pedal Power cyclists. Rosie informed the Prime Minister that Essex Pedal Power is a flagship programme of Active Essex LDP, which provides free bikes to residents in Clacton and Jaywick, to increase access to jobs, education and active travel journeys, as well as improve physical and mental health and wellbeing.

Earlier this month Clacton was announced as one of 55 places to receive funding from the Long-Term Plan for Towns, which will see the area receive £20 million over ten years in an endowment style fund, to make sustainable improvements to the town.



CHRIS BOARDMAN VISITS LDP PROJECTS IN BASILDON

Chris Boardman, Chairman of Sport England and National Active Travel Commissioner for Active Travel England, visited Basildon recently to meet with LDP funded projects and system leaders.

Hosted by Basildon Council, Chris visited Essex Pedal Power at Basildon Hospital, ATF at Northlands Park, and met with over 30 system leaders for an informative share and learn session at Ford.



NEW GRANT FUNDING FOR BIG BIKE REVIVAL

Grant funding applications are now open (from the 16th October to 15th December) to deliver a winter programme of Big Bike Revival events. Events delivery starts on 4 November and runs until 28 February and grant funding up to £2,500 can now be applied for to support the delivery of [Big Bike Revival](#) events.

In addition, we're offering high quality gazebos to help partners deliver relevant events. For more details on the winter programme, access to all the resources and to apply, [visit our website](#). Alternatively contact the team on bigbikerevival@cyclingsuk.org.

SPORT ENGLAND UPDATE

Projects funded to use physical activity to change lives of young people

Over £2 million in Go! London funding has now been awarded in principle to 44 sport and physical activity projects across the capital following the first wave of grant applications. Earlier this year, [we partnered with the Mayor of London and the London Marathon Foundation to launch the £19.5m community sports fund](#) - aimed at improving the lives of under-served young Londoners aged 4-24 - by contributing £7.5m of National Lottery money. Charities, youth groups, social enterprises and faith groups were invited to apply for grants of up to £150,000 to improve existing sport and physical activity programmes or deliver new services, with the first of these now awarded. To find out more click [here](#)

Warning that climate change poses 'serious threat' to sport and physical activity in England.

Climate change is already negatively impacting levels of physical activity in Britain and without significant action, it will severely worsen sporting inequality, our chair Chris Boardman will say today. Speaking at the Blue Earth Summit on Thursday, Chris will highlight Sport England analysis and data which shows: During the heavy rainfall of November 2022, the percentage of children and young people stating that weather had stopped their physical activity in the past seven days increased by almost 40%. He'll also highlight support for the new commitment in the [Government's Get Active strategy](#), that states the government will work with us to 'embed environmental sustainability as a pillar of funding agreements.'

He'll commit to working in partnership with the sector on when and how this is done, and to discuss it carefully in the weeks ahead and will also say that we'll publish our own sustainability roadmap in the coming months. To find out more click [here](#)

BASILDON UPDATE

Bar n Bus

Throughout the summer holidays, Bar n Bus held regular outreach programmes in Markhams Chase, Somercotes, Gloucester Park and Pitsea. The Markhams Chase sessions provided positive and inspiration activities at the skate park with a strong arts focus which were particularly well received with positive feedback from young people and parents. The Somercotes sessions offered extended term time outreach with their mobile bus including physical activities such as mini golf, basketball, and team games, whilst also linking with HAF programmes to provide 30 lunches to young people from the area each week. Gloucester Park and Pitsea sessions were focused on reconnaissance and making new connections.



COLCHESTER UPDATE

ESSEX PEDAL POWER COLCHESTER VIDEO

We commissioned a video to allow some of our Greenstead residents to really tell us their stories. Though we understand the value of interviewing key officers and stakeholders, on this occasion we just wanted to hear the voices from our community. I'm sure you'll agree with us when we say it brought a smile to our face!

You can watch the video [here](#)

As one of our recipients said, kudos to those behind the scenes! We appreciate all your ongoing hard work.

TENDRING UPDATE

WELCOME TO EMILY BLACK

Emily is the new communications and marketing assistant for LDP projects in Tendring, based at CVS Tendring. She will be supporting the marketing and communications for LDP investments in Tendring including Essex Pedal Power, Park Play, Street Tag, Beat the Street, and Harwich Active Communities.

Please get in touch with Emily: Emily.black@cvstendring.org.uk



HIGH REGARD FOR ESSEX PEDAL POWER

The Year 2 report (Aug 22-Aug 23) is now available for the Clacton and Jaywick operation and impact of Essex Pedal Power.

Read the report [here](#)

Essex Pedal Power also received a Highly Commended award at the Highways Awards 2023 for Active Travel Scheme of the Year, as well as being shortlisted for other upcoming awards.

We will let you know how we get on!



WHEELS FOR ALL WELCOME NEW PROJECT MANAGER - HANNAH JONES

"I'm a keen cyclist and enjoy getting out on my bike 'Tigger' as often as I can, along with running, dog walks and all things outdoors really. Before becoming Project Manager for Wheels For All Tendring, I was volunteering over at the WFA Colchester Hub, it was great to see so many people of all ages and abilities enjoying fresh air on so many different bikes and watching them smile, laugh and grow with confidence. I'm now looking forward to working with the rest of the team, partners and community to get a number of hubs up and running across Tendring.

I can't wait to see even more people whizzing about on wheels smiling and being able to see the positive impact it has on their lives."

BIKE MAINTENANCE AT COMMUNITY WINTER ACTION DAY

BIKES were given free safety checks as part of a Winter Action Day in Jaywick. Community Voluntary Services Tendring (CVST) hosted the event at St Christopher's Church in Meadow Way, Jaywick on Wednesday, October 18th. More than 25 organisations offered their resources to help people with keeping warm, employment support, training opportunities, financial support, housing advice, free school uniform, support for the elderly and support for families with children.

Lee Knight, resilience team manager at CVST, said: "It's always amazing when we hold an event like this and have such amazing support from other organisations working in the Tendring area."

Find out more about the CVST Winter Warmth project at www.cvstendring.org.uk or call 01255 425692.



SUMMER OF CYCLING

THE FIRST Summer of Cycling event in Tendring has been hailed a success as residents learnt to ride and fix their bikes and made friends while getting active. It was held in Clacton, Jaywick Sands, Walton and Holland on Sea from August 8 to September 28.

Run and organised by Community Voluntary Services Tendring (CVST) and Essex Pedal Power, there were 25 activities funded and supported by Active Essex, Essex County Council, Safer Greener Healthier, Find Your Active and Cycling UK's Big Bike Revival.

There were opportunities for residents to learn the basic skills of riding a bike with Learn to Ride sessions, as well as how to keep your bike in the best condition with Learn to Fix and Dr Bike sessions where more than 38 bikes were repaired.

Overall, 140 people attended the events including 24 children, 13 of which learnt how to ride a bike for the first time.

