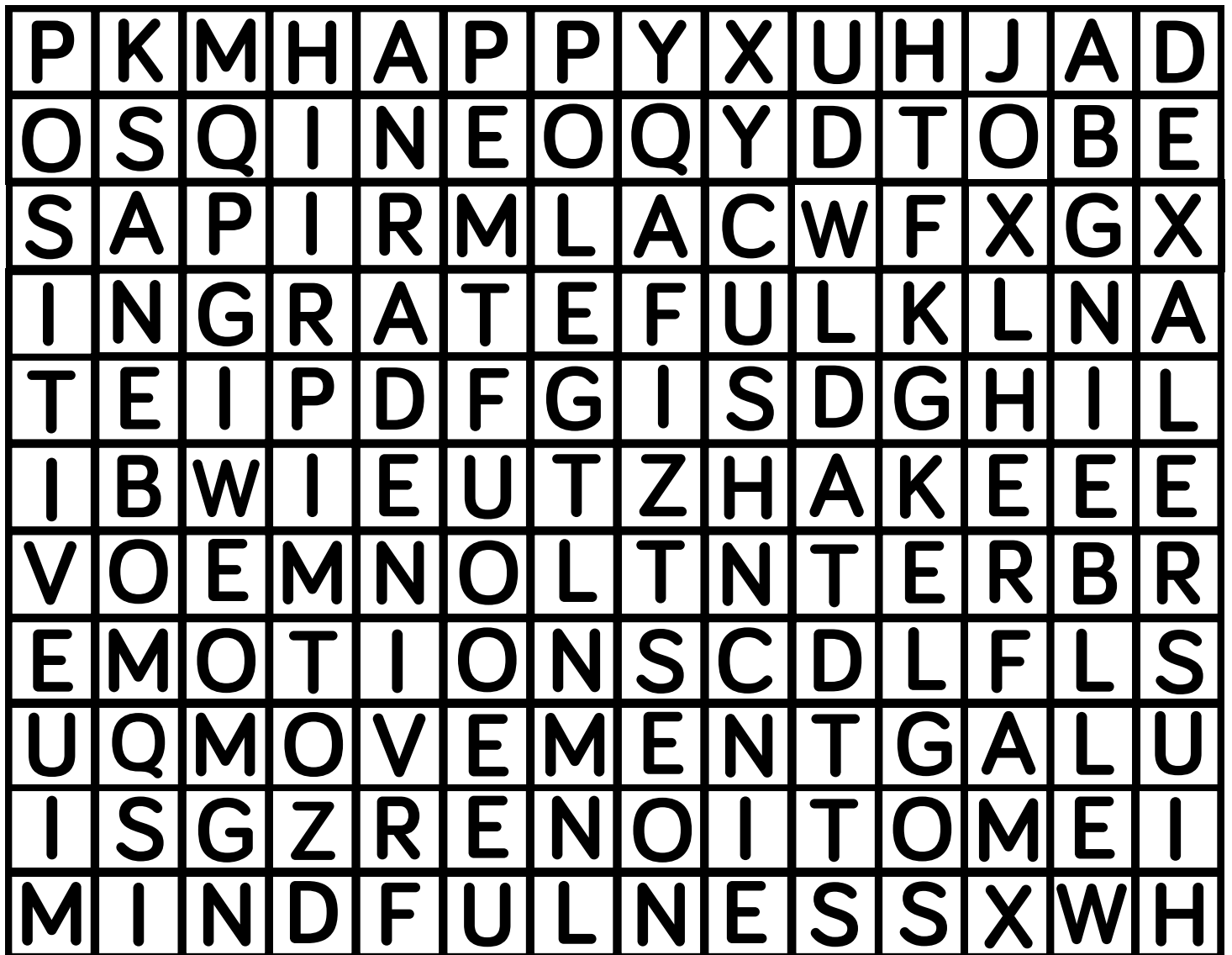


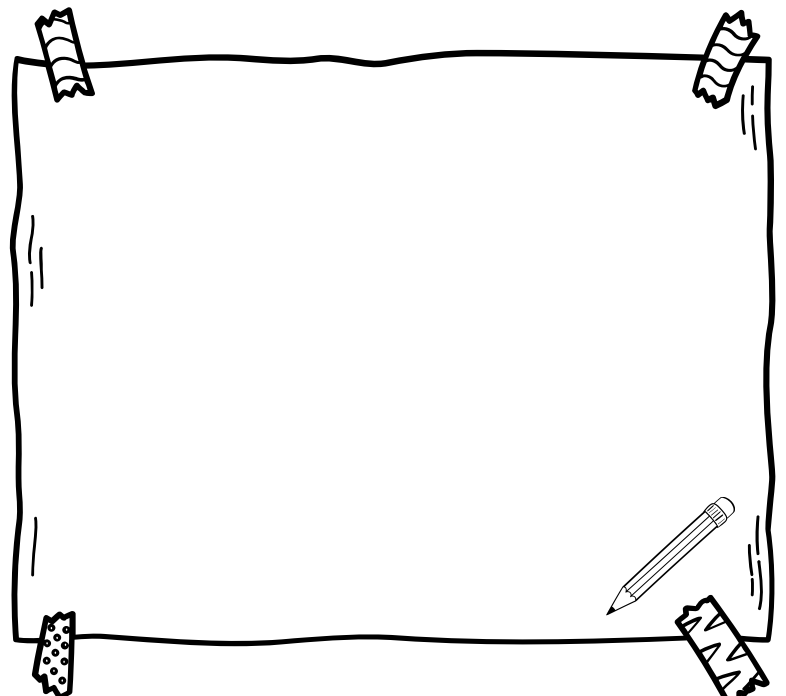
POSITIVE MENTAL WELLBEING WORD SEARCH

See if you can find the different words related to positive mental wellbeing in the word search below!



- HAPPY
- POSITIVE
- GRATEFUL
- RELAXED
- CALM
- MINDFULNESS
- MOVEMENT
- WELLBEING
- EMOTIONS
- HEALTH

What has made you feel good today? Try journaling some ideas down!



AGES 12+

