POSITIVE MENTAL WELLBEING WORD SEARCH

See if you can find the different words related to positive mental wellbeing in the word search below!

P	K	M	H	A	P	P	Y	X	U	H	J	A	D
0	S	Q		N	E	O	Q	Y	D	T	0	B	E
S	A	Ρ		R	2		A	C	W	F	X	G	X
	Z	G	R	A	\vdash	E	F	U	لـ	K	L	N	A
T	E		P	D	H	G		S	D	G	H		
	В	W		E	כ	T	Z	H	A	K	E	E	E
V	O	E	M	N	0		T	N	T	E	R	В	R
E	M	0	T		0	Z	S	C	D	L	F	L	S
U	Q	M	0	V	E	M	E	N	T	G	A	L	U
	S	G	Z	R	E	N	0		T	0	M	E	
M		N	D	F	U		N	E	S	S	X	W	H

HAPPY MINDFULNESS

POSITIVE MOVEMENT

GRATEFUL WELLBEING

RELAXED EMOTIONS

CALM HEALTH

What has made you feel good today? Try journalling some ideas down!



