

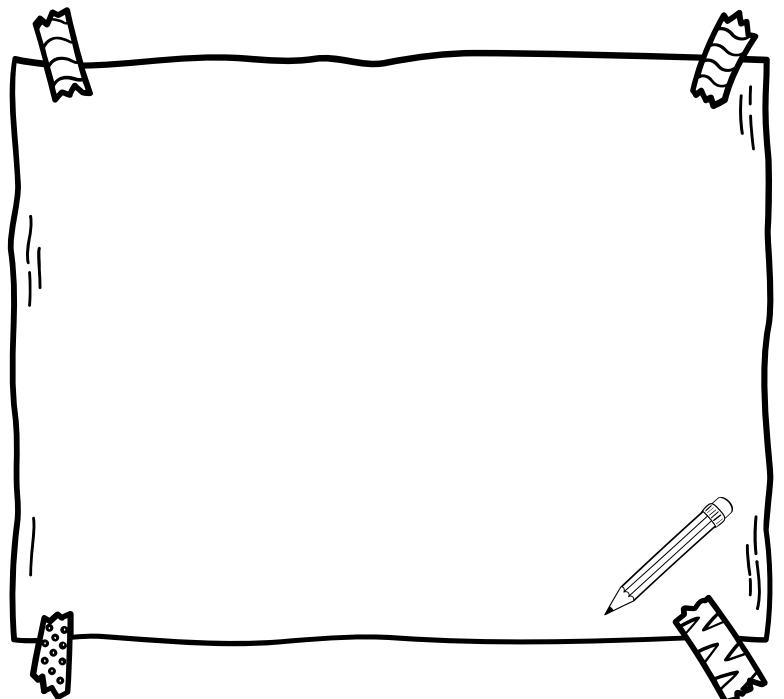
POSITIVE MENTAL WELLBEING WORD SEARCH

See if you can find the different words related to positive mental wellbeing in the word search below!



HAPPY MINDFULNESS
POSITIVE MOVEMENT
GRATEFUL WELLBEING
RELAXED EMOTIONS
CALM HEALTH

What has made you feel good today? Try journalling some ideas down!



AGES 12+



Extra
ACTIVate