ESSEX & THURROCK WINTER HAF 2023 ACTIVE



Funded by Department for Education





thurrock.gov.uk

Across an average of 4 days, we delivered and supported...

activity clubs across Essex and Thurrock

We would not survive without this club!

We are a low-income family, but are

grateful that Multi Sports understands we

need the support, because without this,

we would not survive, especially with

food costs and keeping my part time job.

It really helps our mental health too.

— Parent from Chelmsford

primary clubs

schools engaged to release **Holiday Activities** vouchers

engaged with a winter HAF club

My daughter felt very pampered and was

made to feel very special, they had good

quality food and good quality activities.

The art work my daughter came home

with are now keepsakes for years to

come and her stocking and decorations

she made will come out every Christmas!

— Parent from Basildon

secondary clubs

attended receive benefit based free

school meals

across winter HAF clubs



specialist SEND clubs, providing activities such as sensory sessions in smaller groups, to help children feel a sense of belonging



of parents who completed the winter survey said their child felt safe when attending a HAF club



of parents explained how winter clubs positively impacted them and their child's mental wellbeing



of children were doing less than the recommended 60 minutes of physical activity a day, before attending a



We also provided and positively impacted...



winter activity booklets to engage, inspire and educate families and children at home to get active and creative, as well as offer household support around cost of living



My son absolutely LOVED the club, he's a confident child but is usually quite hesitant going to holiday clubs, but he was buzzing and couldn't wait to go again. I cannot thank the staff enough as you've clearly made the children feel extremely comfortable, happy and stimulated as he has been asking to return since!

— Parent from Uttlesford





food hampers including different essentials, gifts and treats to help struggling families around the cost of living crisis





helped to ensure all families have valued and memorable experiences with their children

The holiday clubs are really beneficial to my son. He is autistic so he struggles to leave the house and mix with others. He looks forward to trying new activities. Its normally between Ultimate Ninjas and Mistley Kids Club he enjoys, as he feels most comfortable at these locations.

— Parent from Colchester

of young people felt they mostly developed their social and teamworking skills at a winter HAF club



of children said they felt more understood and confident as their communication skills have developed since attending a winter HAF club



of young people developed their creativity skills at a HAF holiday club, as they were able to explore new interests and hobbies



of children benefitted the most from an easier transition back to school which helped with routine and structure during the holidays, as a result of attending a winter HAF club



of parents said their child benefitted the most from having the opportunity to enjoy a hot, cooked meal whilst attending a winter HAF club

of children benefitted the most from socialising with others and forming friendships at a winter HAF club

My children love attending these funded holiday clubs, it is greatly beneficial for them to meet new friends and take part in fun activities. It's a god send for myself as a single working parent, as it allows me to continue working part time during the school holidays.

— Parent from Maldon





mental wellbeing clubs, offering a calm and quiet setting for children to enjoy and try new activities and socialise with others, all at their own pace



of young people returned to a HAF club this winter