

LDP HIGHLIGHTS

W E 2nd February 2024

UPDATES

SPORT ENGLAND PLACE PARTNERSHIPS EXPANSION IN ESSEX OFF TO A GREAT START!

In Essex, a key aspect of the Sport England Place Partnerships expansion is the deepening of our LDP work. Initial scoping meetings led by Active Essex have taken place in North Essex (Colchester and Tendring) and in Basildon. The meetings were attended by the system leaders who have played a key role in delivering the LDP in the 3 places since 2018. There are clear themes emerging from the meetings, which will shape the ask for new Sport England investment later in the year to sustain and deepen the LDP work. For more information about LDP deepening and Place Partnerships expansion in Essex, contact Kerry at kerry.mcdonald@activeessex.org

Active Essex also began discussions on the Place Partnership Expansion initiative, which will attract new investment from Sport England. For more information, please take a look at the Sport England information on Place Partnerships expansion: <https://www.sportengland.org/funds-and-campaigns/place-partnerships>



Place Partnerships
expanded to help those
in greatest need

We're investing a further £250 million into this groundbreaking and innovative work.



ESSEX PEDAL POWER - FIRST BIKES GIVEN OUT ON CANVEY ISLAND

Essex Pedal Power went from strength to strength in 2023, expanding into four new places: Harwich, Colchester, Basildon, and Canvey Island.

Essex Pedal Power is already well established in Clacton and Jaywick, and is fast approaching the amazing target of 1000 bikes distributed to eligible residents in the most deprived areas. The Essex Pedal Power family has committed to distributing all bikes in 2024 and this is a huge undertaking – nearly 2,500 new bikes to be given out across our 5 places. This will mean that approximately 4,000 people will be cycling in our most disadvantaged communities who otherwise would not have been cycling. This will create a massive shift in the demographics of our cycling community in Essex.

For more information, contact Kerry: kerry.mcdonald@activeessex.org

UPDATES

SPORT AND YOUTH CRIME PREVENTION - REPORT CHIMES WITH GREAT WORK IN ESSEX

A new report called 'Get on Track' urges all political parties to prioritise the contribution of sport and physical activity if they are genuinely committed to tackling crime and anti-social behaviour more effectively. The findings of the report are linked directly to the [Essex Sport and Youth Crime Prevention project](#), part funded by our LDP and led by the charity: Active Essex Foundation.

In its new report '[Getting On Track](#)', the Sport for Development Coalition says the Government should be trusting more specialist organisations embedded within local communities to use sport to maximise the return on its investment into reducing youth offending and re-offending. Getting On Track is based on learning and evaluation from the Youth Justice Sport Fund; a £5million fund from the Ministry of Justice, which was managed and distributed to 218 local partners including locally trusted organisations in Essex.

For more information about the Essex Youth Sport and Crime Prevention project, please contact Jim White jim.white2@activeessex.org



LDP CAPACITY BUILDING RAISES OVER £2 MILLION OF NEW FUNDING FOR LDP LOCALLY TRUSTED ORGANISATIONS

A key aspect of our LDP has been the importance of capacity building with key locally trusted organisations who are delivering innovative physical activity and sport with our target audiences in deprived communities. Our expert partner, Mark Gerbaldi, has worked closely with 17 LTOs who are a key part of our LDP work, and in addition to providing expert advice on governance and policies, Mark also works closely with the LTOs on developing business and fundraising plans.

Mark has supported the LTOs to bring in over £2 million of new funding from funders such as National Lottery Community Fund, Postcode Places Trust, Children in Need, South Essex Homes, Basildon NHS Alliance, PHAB, Essex Community Foundation, National Lottery Heritage Fund, and StreetGames.



SPORT ENGLAND UPDATE

THREE YEARS OF UNITING THE MOVEMENT

It's been three years since Sport England launched [Uniting the Movement](#), their 10-year strategy that aims to transform lives and communities in England through sport and physical activity.

The ambitious blueprint introduced a major change to the way they operate and a new understanding of their role in bringing the sector together to harness the power of activity for everyone.

[As they move into its fourth year](#), their ongoing priority is on breaking down the barriers that prevent some people from enjoying the benefits of being active.

To mark the anniversary, they've put together a story, and videos, demonstrating how we're progressing with their mission to tackle inequalities and keep sport and physical activity central to people's lives.

Read more [here](#).

BASILDON UPDATE

NORTHLANDS CYCLE SHELTER

The green roof cycle shelter has now been installed at Northlands Park. This shelter combines a green roof and nature habitats with somewhere secure to lock your bike, helping to promote sustainable, active transport to one of the largest parks in the borough.

You can hear Councillor Jeff Henry, Cabinet Member for Health, Wellbeing, Leisure, Arts & Culture, talking more about the cycle shelter here: <https://fb.watch/pDMZvGjhX3/>



ESSEX PEDAL POWER - 100TH GIVEAWAY

Essex Pedal Power gave away its 100th Hospital bike shortly before Christmas. The bike was given to Farhan Rashid Nabil, who said: "With my new bike at hand, I hope to explore more of Basildon, connect with other cyclists and improve my fitness. It also speeds up my journey to work."

[Hospital staff saddling up for successful bike scheme hits milestone | Latest News at our mid and south Essex hospitals \(mse.nhs.uk\)](#)



WELCOME MARIA!

We are delighted to welcome Maria Medina to the LDP team as Community Engagement and Partnership Officer for the Basildon and Brentwood Alliance, covering Linzi Youngs post whilst she is on maternity leave. We are looking forward to working together on some exciting projects over the coming year.

TENDRING UPDATE

ACTIVE COMMUNITIES

David from CVST has started offering residents in Harwich 1 to 1 Box Fit sessions to help build confidence and get them out the house and active. The first one was a good success and has had a big interest from others. He hopes to be creating a group from his 1 to 1 sessions soon.



ESSEX PEDAL POWER - CLACTON & JAYWICK

We now have a pump stand for all to use, just outside the SunSpot cafe, Lotus Way, Jaywick Sands. Just look for the orange bike shelter and you'll find the new stand underneath ready for anyone to use.



ESSEX PEDAL POWER - CLACTON & JAYWICK

Sailship Sessions will be starting 08/02/24 – The sessions are for anyone, but in particular those who will benefit from a slower paced and shorter cycling route or a quiet and peaceful space. The Track is 0.166 of a mile. 1 mile = 6 laps.

There are only 2 cycles available (soon to be 3), so booking is essential.

Last Friday Wheels for All joined EPP in Clacton for one of their Bike Giveaways. Wheels for All were there to meet up with their independent cyclists that had adapted cycles on a 12 month loan in Clacton and Jaywick, so we could carry out maintenance checks.

3 independent cyclists that came along had their Wheels for All adapted cycles for 12 months, so once the maintenance check was complete, we were delighted to be able to pass ownership of these trikes over to the cyclists so they could continue to get out and about.

ESSEX PEDAL POWER - HARWICH AND DOVERCOURT

On Monday the 29th January we held a Dr Bike session and volunteer recruitment alongside Tendring PSCOs from Essex Police.



On Wednesday 31st of January we held a Big Bike Revival Learn to Fix session and led ride to the community cafe.



Can you cycle the Golden Mile?
6 laps = 1 mile



Join us at Sailship and cycle on their accessible pathway

Thursdays 9.45-10.45 and 10.45-11.45

Booking is essential!

Email: tendring@wheelsforall.org.uk Tel: 07719073532

