

Free activity clubs across Essex and Thurrock for eligible primary and secondary school children that also offer:



- Physical, enrichment and food activities
- Nutritious snacks and tasty meals
- Run by qualified, locally trusted organisations
- Family support
- Resources and guidance

WHAT IS ESSEX ACTIVATE?

Essex ActivAte is the name for the government funded holiday programmes run by Active Essex. During school half term and holidays, we work with locally trusted organisations to deliver free, holiday clubs to support the wellbeing of children who are eligible for benefit based free school meals or from 'low-income' working families.

HOW CAN ESSEX ACTIVATE SUPPORT ME?

As well as activity clubs, Essex ActivAte offer free resources, tips, guidance and support on their family support hub, to help make term times a little easier!

HOW DO I BOOK ONTO AN ESSEX ACTIVATE CLUB?

A few weeks ahead of each half term and holiday programme, we will post on our social media pages when clubs are available to view and how to book.

www.activeessex.org Q







EssexActivAte





