

Wheelie Wednesday

TRAVEL ACTIVELY TO SCHOOL ON THE 22ND MAY

With Ford RideLondon-Essex fast approaching, we want to encourage children to take part in Wheelie Wednesday, by travelling actively to school, whether that be by walking, cycling or scooting.

Actively travelling to school is great for:

- Boosting mental health and wellbeing
- Good for the environment
- Great form of exercise
- Connect with the world around you
- It's fun!

