**Crib Sheet – Essex ActivAte – Delivery Partner – The Future of Sport CIC –**

**St Clere’s School, Stanford Le Hope**

Organisation:

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| The Future of Sport CIC |

Club venue(s):

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| St Clere’s School, Stanford Le Hope |

Which programme (school holiday) does this Crib Sheet relate to:

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| Summer holiday |

Please provide a bit of background about your organisation:

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| We are a CIC that focus on developing young people through sport. We are all fully qualified teachers and between us our core team has over 150 years experience in education and sport.  We work closely with LA’s across the South of England to provide free opportunities to families who are at a disadvantage. |

In the section below please provide details on:

* How long have you been involved in Essex ActivAte?
* What sessions/activities do you run within the programme?
* What food do you offer at your clubs?
* Why are these holiday clubs so important for the children and families you support?
* How have you found working with the Active Essex team?

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| I have been involved in Essex ActivAte for one year, running a variety of sessions and activities that cater to the diverse interests of the children. These include multi-sports, swimming, badminton, basketball, pickleball, football, and cricket. Each of these activities provides children with a fun and engaging way to stay active, develop new skills, and interact with others in a supportive environment.  In addition to the physical activities, we also ensure that the children have access to a fully inclusive menu. We offer hot meals, vegan options, and a choice of foods to cater to different dietary needs. Fresh fruit is always available, promoting healthy eating habits. This is particularly important for many of the children we support, as some come from families who may struggle to provide regular meals or access to nutritious food. For these families, the holiday clubs provide not only physical activity but also essential nourishment.  These holiday clubs are incredibly important for the children and families we support. Many of these children might not otherwise have the opportunity to engage in such a range of activities, due to financial constraints. Additionally, some families rely on the food provided at the club as a crucial part of their children’s daily nutrition.  Working with the Active Essex team has been an amazing experience. They are an approachable, articulate, and knowledgeable group, always passionate about helping us succeed. Their genuine hunger to provide an important service to families makes the collaboration both enjoyable and meaningful. |

Case study - can you give an example of when you’ve seen a child develop/try new things:

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| A boy who had never played football before came to our club every day, and through our links with a local team, he started training with them. He now plays in matches, and we even covered his training fees to ensure he could access this opportunity. Additionally, we had a boy with severe Autism and ADHD who attended every day. It was heartwarming to see him fully engage and enjoy the camp. Providing a space where children of all abilities can thrive is something we take pride in, ensuring everyone has the chance to participate and grow. |

Quote(s):

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| ‘I have never known my child to be so enthused by this camp. Normally I have to drag them out of bed…. This summer was unique, they were up and ready to go each and every day without me saying anything’  ‘The food options were amazing. I knew that by sending in my child not only would they be looked after but they would be fully fed. It was a brilliant camp’  ‘My son has severe ADHD. He had never attended a camp before for fear of his behaviour. The staff were so well trained and treated my boy with so much respect. As a result he attended everyday he could and had a wonderful time!’ |

If any links or tags should be made on social media, please add below:

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| <https://www.facebook.com/profile.php?id=100086164218780>  Full story of the holiday provision on here  <https://youtu.be/vE3rY1Pp_1s> |

Please attach photos(s) to your email with this form, along with completed [**photo consent forms**](https://www.activeessex.org/wp-content/uploads/2022/05/Essex-ActivAte-Photography-and-Filming-Permission-Form.doc)for every person in the photos(s).

Please email all Crib Sheets to [**haf@activeessex.org**](mailto:haf@activeessex.org) and copy in your **Locality Officer**.