

	HEALTH AND COMMUNITY	COMMUNITY AND ACTIVE TRAVEL	HEALTH AND EDUCATION	EDUCATION AND ACTIVE TRAVEL	HEALTH AND COMMUNITY
POLICY	<p>Health and Care Act 2022; JSNA – Joint strategic Needs Assessment; Transport strategy – Garden Town doc; Human rights Act; Local planning policy; HGGT – yr transport strategy 10 yr; Health and Wellbeing Strategy refresh 2023; Healthy Town framework HGGT; LCWIP – Local cycling walking infrastructure plan (3-4 years ago – covers current/ future HGGT plans Harlow); Integrated care strategy – work strams inc onw on communities R districts; section 106 – funds/ what goes into communities ... development/ growth; Harlow/ LA/ ECC – C. Langley Landowner – i.e. ECC school – public land; what is tipping point?</p>	<p><u>Active travel:</u></p> <ul style="list-style-type: none"> <li>• SAM</li> <li>• Increase percentage of people doing active travel</li> <li>• What is active travel?</li> <li>• Section 106 tunnelling</li> <li>• Direct financial contribution to physical health</li> </ul>	<p>ICS (Integrated Care Strategy); Safeguarding/ children and adults; Sport England; EYFS; DfE; Ofsted; cac; Duty of service provision</p>	<p><u>Education:</u></p> <ul style="list-style-type: none"> <li>• Food</li> <li>• Period poverty</li> <li>• National curriculum</li> <li>• Playing field – golden mile</li> <li>• Biodiversity map</li> </ul> <p><u>Active travel:</u></p> <ul style="list-style-type: none"> <li>• Storage</li> <li>• Corridors</li> <li>• Walking bus</li> <li>• Bike lessons</li> </ul>	<ul style="list-style-type: none"> <li>• Sports/ community</li> <li>• Organisations to have offer to community</li> <li>• Influence/ bringing in H+W into others strategies</li> <li>• % of community/ sports orgs to allocate £ allowing for those who cannot pay</li> <li>• Reuse/ share clothing/ kit – back into community/ eco</li> </ul>
PHYSICAL ENVIRONMENT	<p>New hospital programme (no) – hospital begins at home; healthy places; active travel design guide</p>	<p><u>Active travel:</u></p> <ul style="list-style-type: none"> <li>• Big opportunity with existing infrastructure</li> <li>• Safe paths/ lighting</li> <li>• Overgrown bushes</li> <li>• Bike security</li> </ul>	<p>EY settings; hospitals; GP's; STEM; Faith centres (central); Harlow college; Angela Ruskin University; Schools; family hubs/ centres; butterfly effect; libraries; parks; cycle routes; leisure centres; sports facilities/ activities; recovery café</p>	<p><u>Education:</u></p> <ul style="list-style-type: none"> <li>• Park run</li> <li>• Academics</li> </ul> <p><u>Active travel:</u></p> <ul style="list-style-type: none"> <li>• Steps on sign post (e.g. 500 steps to library)</li> <li>• Footpaths, cycle paths</li> <li>• Lighting</li> </ul>	<ul style="list-style-type: none"> <li>• Cycling infrastructure</li> <li>• Venues in kind</li> <li>• Disused spaces: tennis courts building</li> <li>• Outdoor gym</li> <li>• Confidence in how to access/ utilise space safely</li> <li>• Foot golf – reactivating green space – Harlow Town Park cost?</li> </ul>
ORGANISATIONS AND SERVICE PROVIDERS	<p>Vol sector; spaces needed; section 106 could influence/ support what is currently available and funds/ assets available</p>	<p><u>Active travel:</u></p> <p>Strong</p>	<p>Butterfly effect; salvation army; open road; clubs/ scouts; army/ cadets; ECC/ county council; ACV; BMAT; Homestart; PAH; EPUC; Mind; ECFWS; ICB/ NHS; Parenting Assessment Unit; safer places; Changing Lives; voluntary sector/ rainbow services; child minders; HDC district council; Harlow food bank – Michael Roberts charitable trust</p>	<p>TIME</p> <p><u>Education:</u></p> <ul style="list-style-type: none"> <li>• Park play</li> <li>• Changing lives</li> </ul> <p><u>Active travel:</u></p> <ul style="list-style-type: none"> <li>• Good gym</li> <li>• Borrow a dog</li> <li>• Befriending – walk and talk</li> </ul>	<ul style="list-style-type: none"> <li>• Cost to mn – facilities</li> <li>• Barriers to access space: pitch/ permission</li> <li>• Healthy workforce</li> </ul>

SOCIAL NETWORKS	Families; existing groups	<u>Active travel:</u> <ul style="list-style-type: none"> <li>• Keep up to date with what's happening</li> <li>• TikTok</li> </ul>	Community embrace; fitness classes; coffee base/ shops; workplace; family/ friends; clubs; faith centres (church); organised activities (sports); shopping; hairdressers; voluntary work; clubs/ scouts; army/ cadets	<u>Education:</u> <ul style="list-style-type: none"> <li>• School intranet</li> <li>• FB</li> <li>• Cultural celebrations</li> </ul> <u>Active travel:</u> <ul style="list-style-type: none"> <li>• Befriending – community embrace</li> </ul>	<ul style="list-style-type: none"> <li>• Community groups</li> <li>• Families</li> <li>• Safer places</li> <li>• Culture</li> <li>• 13-18 yrs</li> <li>• Mentors/ young leaders</li> </ul>
AUDIENCES	All: young people; older people; frail; long term conditions; babies; SEND; families; poor mental health; education establishments; ethnically diverse/ protected	<u>Active travel:</u> <ul style="list-style-type: none"> <li>• Consult + engage</li> <li>• Find out the why!</li> <li>• Barriers to active travel</li> </ul>	The lonely; PDR's; The fragile/ elderly; traveling community; hotel residents; refugees; low income; homeless/ HMO; single families; the community; families; young children; Parenting Assessment Unit	<p>Making it FUN - hopscotch, flashmobs, "Just one thing", piano keys, free to the public, tai chi</p> <u>Education:</u> <ul style="list-style-type: none"> <li>• Alt. ed</li> <li>• Children; Parents</li> </ul> <u>Active travel:</u> <ul style="list-style-type: none"> <li>• Neurodiversity</li> <li>• Disabled people</li> <li>• Measure smiles not miles</li> </ul>	<ul style="list-style-type: none"> <li>• Representing all residents</li> <li>• Frailty</li> <li>• Social isolation</li> <li>• Loneliness</li> <li>• Healthy weight</li> <li>• Oral health</li> </ul>