**Crib Sheet – Essex ActivAte – Delivery Partner**

Organisation:

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| Monarchs Childcare |

Club venue(s):

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| 64 Whitehall Lane, Grays, Essex, RM17 6SH |

Which programme (school holiday) does this Crib Sheet relate to:

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| Summer 2024  |

Please provide a bit of background about your organisation:

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| Monarchs Childcare is a well-established Nursery and Out of School Club within the Grays area running since 2012. With over 200 registered children we have fantastic relationships with many of the local schools and run a paid holiday club for primary school aged children during all holidays. We are in the unique position to have a wonderful space for large groups of children to experience all aspects of social development ranging from play in our state-of-the-art play grade playground, visits to local nature parks, beaches, and libraries to enjoying free play with new friends and sports activities delivered by qualified coaches. They enjoy learning how to make their favourite healthy snacks and meals and treats with our qualified chef and enjoying getting messy and expressing their creativity. Children enjoy building confidence, independence, education, social and life skills and make new friends.  |

In the section below please provide details on:

* How long have you been involved in Essex ActivAte?
* What sessions/activities do you run within the programme?
* What food do you offer at your clubs?
* Why are these holiday clubs so important for the children and families you support?
* How have you found working with the Active Essex team?

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| We provide HAF holiday clubs during the half terms alongside our own holiday club. We have been involved in Essex ActivAte since 2021 and have been running HAF projects since 2021. Most recently in Summer 2024 we ran the HAF Holiday Club for 20 for 6 hours each day 9am – 3pm providing for 30 children each day. We offer a wide range of healthy, nutritious food which includes snacks, main meals and desserts. We follow the Eat Better Start Better guidance, have a qualified chef and qualified food hygiene staff to ensure we are meeting nutritional requirements and making meals tasty and healthy.Our holidays clubs are vital for children and families as we provide opportunities within our local community that they otherwise would not have. Based on their deprivation they do not have access to such clubs and activities. They gain access to sporting development, trips, healthy eating and cooking education, enrichment activities, arts and craft, socialisation, confidence building, resilience, independent; building life long skills. We have found working with Active Essex Team amazing, they are an outstanding team to work with and our locality officer is so helpful and supportive. Information sent from them is extremely clear and easy to understand. Communication from the team is excellent and they are doing a fantastic job and are an asset to the country. It is a real joy to work with them. Summer 2024 really improved the way to get the codes which was much easier than before as we had to do a lot of chasing before.  |

Case study - can you give an example of when you’ve seen a child develop/try new things:

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| Albie when he first started with us, he was quite shy and stuck to two girls he knew previously. Because of the activities set up in our project he became extremely confident doing an obstacle course outside in the playground, he then enjoyed all the physical sporting opportunities, through this he developed himself and created new friendships with other children and became very social with all of the other children because of the confidence he gained in the sports. Adore a young child was very nervous about making smoothies as she thought the blender was loud and scary. A staff member sat with her to discuss her thoughts and why the blender might be scary and what fruits she liked. Adore expressed to the staff member telling her she was scared because she had never seen or heard a blender before and didn’t know what it was. She stated she had not seen some of these fruits before (as she was used to having tinned fruit or fruit already cut up). The staff member informed her of what a blender can be used for and for this activity they were choosing and cutting their own fruits and turning them into smoothies (lots of maths, science, understanding of the world), the staff also explained the dangers of electrical appliances, the sharp blades etc and only using with an adult. Adore relaxed and felt comfortable, after watching her peers making their smoothies, she did and said how “yummy” it was. She told her parent about all the fruits she used and how she had made a fruit smoothie. Two siblings Victoria & Ezra everyday at the end of the day they would give the staff a cuddle and say, “I had the best day and can’t wait for tomorrow.” On the last day they were really upset they wouldn’t be back the following week. The siblings expressed how much they had enjoyed the club and how much it had meant to them. Amira an SEN child has significantly benefited this Summer. She attended a programme before however in that programme due to her needs she was unable to engage with staff and children until a few weeks after the programme started and stuck to her 11/; most of the time. However, because of this programme she engaged with staff and children immediately upon entry, because she was familiar with the building and staff. Having the repeat programme funding enabled this SEN child to be able to progress immediately.  |

Quote(s):

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| “I had the best day and can’t wait for tomorrow.”Victoria “Thank you for giving my children and amazing summer, they have come home happy and can’t wait to come back for the next one” parent of a SEN child  |

If any links or tags should be made on social media, please add below:

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Please attach photos(s) to your email with this form, along with completed [**photo consent forms**](https://www.activeessex.org/wp-content/uploads/2022/05/Essex-ActivAte-Photography-and-Filming-Permission-Form.doc)for every person in the photos(s).

Please email all Crib Sheets to **haf@activeessex.org** and copy in your **Locality Officer**.