HARLOW PLACE PARTNERSHIP

PLAN ON A PAGE 2025-28

STATE OF PLAY:







physically inactive adults in Harlow *Less than 30min activity a week, Active Lives Data



young people in Harlow *Less than 30min activity a day, Active Lives Data

Full Award £2,055,851.99*

£998,244 request to Sport England £1,057,607.99 partnership funding

*match funding from Harlow Council, Harlow Gilston and Garden Town (HGGT), Rainbow Services, West Essex Healthcare Partnership, Essex County Council, London Marathon Foundation

BARRIERS IDENTIFIED IN THE DEVELOPMENT PHASE:









HARLOW PLACE PARTNERSHIP STRATEGIC THEMES:



 Marketing & Communications Officer

- Leadership Training
- Organisational Development

£167,434



ACCESSIBLE & INCLUSIVE ENVIRONMENTS



Physical Activity Connector

Neurodiverse boxing

£142,320



Outcome: Increase physical activity opportunities with a skilled local workforce

COMMUNITIES



Community Gym Activation

Self-defence classes





Outcome: More active communities with a stronger sense of safety and belonging

CYP & FAMILIES



- Postnatal classes
- Family fun in green spaces



Cycle, Create, Move Kit Shop and Active Lives Hub



Outcome: Enhance positive experiences for children, young people and families

ACTIVE ENVIRONMENTS



- Active Environments Officer
- Essex Pedal Power Harlow





Outcome: Increase sustainable travel through cycling and walking

HEALTH AND WELLBEING



- Strength and Balance Officer
- Falls Prevention provision
- Hardwiring physical activity into PCNs



Outcome: Integrate physical activity as a preventative measure to improve population health

LEARNINGS FROM THE DEVELOPMENT PHASE:

Harlow's physical activity system is immature, with 3 indicators 'developing well' and 2 indicators 'emerging'.

Leadership is gaining positive momentum and engaging more system partners and residents.

Social Network Analysis identified 4 priority systems incorporating 108 different organisations.

The development phase identified 26 enablers and 19 barriers to shape the 3 year full award phase.

SHARED VISION:

To provide inclusive opportunities that inspire and empower residents to thrive and live active healthy lives, in a safe and supportive environment.













