

### ESSEX PE AND SCHOOL SPORT CONFERENCE 2025

Tackling Inequalities Workshop





### TACKLING INEQUALITIES -SMALL GROUP DISCUSSION

- How would you define tackling inequalities?
- What is the role of schools?
- How does this fit with the PE, School Sport and Physical Activity agenda?

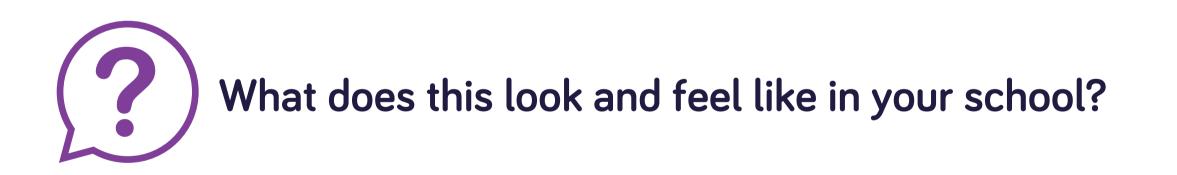




# TACKLING INEQUALITIES

Sport England defines tackling inequalities as ensuring everyone can benefit from sport and physical activity, regardless of background, gender, or ability.

They aim to overcome disparities that limit opportunities for many, with a focus on making participation more equitable and inclusive.







## TACKLING INEQUALITIES

- Understanding your audience are you fully aware of those in your school who are most in need?
- What success stories can you share from your work to date? How has PE/SS/PA played a part in tackling inequalities in your school?
- What are the challenges you face and barriers to ensuring daily physical activity becomes the norm for all?



## TACKLING INEQUALITIES

- What will you take away from today?
- What will you do differently?
- What actions will you take straight away to maintain momentum?







