

# SAFEGUARDING IN 6

## CREATING A SAFEGUARDING CULTURE



ACTIVE ESSEX SPORT WELFARE LEADS

### ESTABLISH CLEAR POLICIES & PROCEDURES

- Keep your safeguarding policy up to date, easily accessible for all & specific to your club or organisation.
- Ensure everyone- coaches, volunteers, parents & carers, participants & committee members understand their roles.
- Make sure your reporting procedures are clear & effective.

### SAFER RECRUITMENT

- Use safer recruitment practices for ALL roles, including DBS checks (where applicable) references & due diligence.
- Provide guidance, onboarding sessions & safeguarding training appropriate to each role.
- Promote an environment where people feel confident seeking guidance or clarification.
- Give opportunities for continuous learning & development to increase confidence in dealing with concerns.

### LEAD BY EXAMPLE

- Demonstrate a personal commitment to safeguarding through your words & actions
- Be approachable & listen without judgement, taking every concern seriously
- Ensure your committee visibly prioritises welfare and actively supports all safeguarding initiatives by providing learning opportunities & access to resources
- Maintain open communication with participants, parents & staff/volunteers

### EMPOWER PARTICIPANTS

- Create opportunities & processes for participants to express concerns & any ideas they may have
- Promote a positive & inclusive environment where all feel safe & valued
- Include your participants in discussions about their safety & wellbeing

### SAFE & SUPPORTIVE ENVIRONMENT

- Promote mutual respect & zero tolerance for bullying, discrimination or abuse
- Celebrate good practice & make welfare part of your club's values, not just compliance
- Create spaces where everyone can thrive & be heard
- Display information & contact details for club welfare offices and any external support

### MONITOR, REVIEW & IMPROVE

The purpose of a safeguarding culture is to encourage openness, accountability & continuous learning to prevent harm & respond effectively to concerns. Monitoring & reviewing are key to maintaining this culture.

- Regularly review safeguarding practices & incidents to identify any learning
- Seek feedback from participants, parents & carers, staff & volunteers
- Treat safeguarding as an evolving ongoing process rather than a one-time checklist

FOR FURTHER INFORMATION & SUPPORT ON HOW WAYNE & MARIANNE, THE ACTIVE ESSEX SPORT WELFARE LEADS, CAN SUPPORT YOUR CLUB OR ORGANISATION, PLEASE CLICK [HERE](#)