

# BIG NATURE SCAVENGER HUNT

For National Fitness Day 2025

## Teacher Brief

Take part in the exciting Nature Scavenger Hunt set by the #MoveWithUs Ambassadors.

During the school day, while walking to school, or when exploring your local nature site, work in groups to find all the items listed on the Nature Scavenger Hunt checklist. Once you've gathered your items, use them to create a nature-inspired object. It could be a tree, a smiley face, a sun, or anything else you can imagine – get creative!

Make sure to share your creations and evidence of your school's participation via email: [cyp@activeessex.org](mailto:cyp@activeessex.org) or tag @ActiveEssex on Facebook and X or @findyouractive on Instagram in your social media images to receive the Scavenger Master Achievement Certificate.

### Nature Scavenger Hunt Checklist:

- Acorn
- Leaf
- Twig
- Flower
- Stone
- Grass
- Feather
- Clover
- Conker

Created by our #MoveWithUs Ambassadors



## Wet Weather Alternative

If it's raining, don't let that stop you! Visit our website to explore activities from previous years that can be done indoors or under cover.

<https://www.activeessex.org/children-young-people/school/national-fitness-day/>

#MOVE WITH US



# BIG NATURE SCAVENGER HUNT

## For National Fitness Day 2025

Take part in our Big Nature Scavenger Hunt for primary school's this National Fitness Day!

Once you've gathered your items, use them to create a nature inspired object. It could be a tree, a smiley face, a sun, or anything else you can imagine. Get creative and become a Nature Master!



Acorn



Leaf



Twig



Flower



Conker



Stone



Grass



Feather



Clover