



SHARE CONNECT COLLABORATE

a festival of learning ...

Active Essex

	Main Stage	Innovation room	Impact Hub	Culture Dome	Playhouse Arena
9	Registration, networking and refreshments			Join us for a spot of morning yoga! Set the day up right, by joining us for a 30 minute light yoga session.	
9.45	Networking and relax area.		Make Impact Stick: Funding Organisational Strength Jane Stewart, Mint Decisions Good organisations deliver great work, but to stay sustainable, they must invest in people, processes, leadership, and learning. Most sector funding focuses on programmes, not organisational resilience. This practical session explores what strong organisational development looks like, why it's vital for long-term impact, and how to fund it alongside delivery, especially in sport and physical activity systems where relationships, planning, and people practices matter most.	How to create the conditions Kerry McDonald Explore how you can be leaders in your sphere and truly focus on the strongest conditions in your area/community to make a lasting difference. This will provide a 90 minute overview of the 1 and 2 day creating the conditions course, alongside one of Active Essex's closest system partner to help bring this to life.	How collaboration shows up through change Double Yolk A personal development session, through the SPACES framework to help us understand how times of change impact our own and others' thoughts, feelings, behaviours, and performance. The session will provide both insight and action on the SPACES that matter most for you, practices and actions to manage and guidance to support others in navigating change with more confidence and care.
10.30					
11.15		A school's contribution to your community Dawn Emberson & school How can we de-silo PE and school sport, and ensure schools are part of the community? Utilising the Creating Active Schools framework will help us understand its strength.	Designing streets for people, not just cars Navtej Tung The challenge of walking and cycling infrastructure and how we can break the car culture. Cars vs communities: who wins in Essex's future?	Listen in to a podcast all about health creation Dr William Bird & guest Unpick the ideas around health creation and creating a space to belong, feel safe and thrive, an important foundation for neighbourhoods.	Reimagining leisure - Active Wellbeing at Place Mike Carran & guests Explore what it means to become an Active Wellbeing Place, moving beyond traditional leisure centres to embedding active wellbeing across systems and communities.
12	Headline Act 1 Simon Hayes, Sport England A talk on the transformative power of movement in shaping policy and systems to drive change to create a more active nation.				
12.30	Headline Act 2 ANNOUNCED JAN 2026!				

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Lunch will be held in the main stage arena, where you can network and relax. Please also explore the Learning Lounge to take a look at further details from this mornings seminars.

If you have questions for any of our afternoon headline acts, use the board to put these forward.

1.45

Join us for a walk and talk
Let's discuss the mornings sessions whilst on a facilitated walk across the Hylands Estate.

Movement can be the greatest medicine
TBC
The power of sport and physical activity can reduce individuals need to rely on medication. Hear from a room of individuals who have seen this impact first hand.

Pride of Place - Canvey's story so far
Amanda Parrott, Steve Bish and Alex Hawkins
Hear from Canvey Island representatives on their community work and using youth voice to drive decisions.

Economic activity from sport and physical activity
TBC
Hear from a number of individuals discussing their perspective of the social value of sport. From NGBs to CIMSPA, what is its impact?

Leave it up to the kids!
Host and Primary School
Sometimes decisions can be tough, seem daunting and even over-complicated. Let's take the pressure off and see what the kids think we should do!

2.30

Headline Act 3
Anna Randle, New Local
A talk on how physical activity can be harnessed to reimagine community wellbeing – especially in the face of the challenges currently shaping the Essex landscape.

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Chat show style conversation
Jason Fergus will be joined by Simon Hayes, Anna Randle and Dr William Bird
Facilitated by Director of Active Essex, the discussion will take into account audience questions taken at lunch time, and hear how our headline acts foresee the future of Greater Essex and the role we all play in creating the conditions for communities to thrive.

FESTIVAL FINISHES AT 4PM