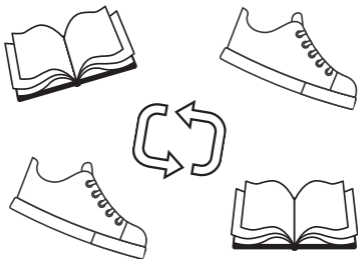


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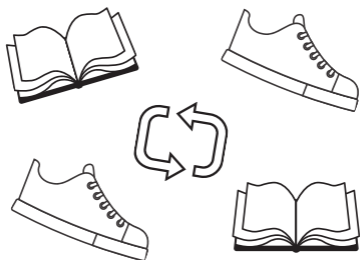


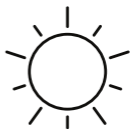
THE DAILY MILE





READ RUN REPEAT





**Read
& run
every
day.**





**"THE KEYS
TO LIFE ARE
RUNNING
& READING"
-WILL SMITH**

