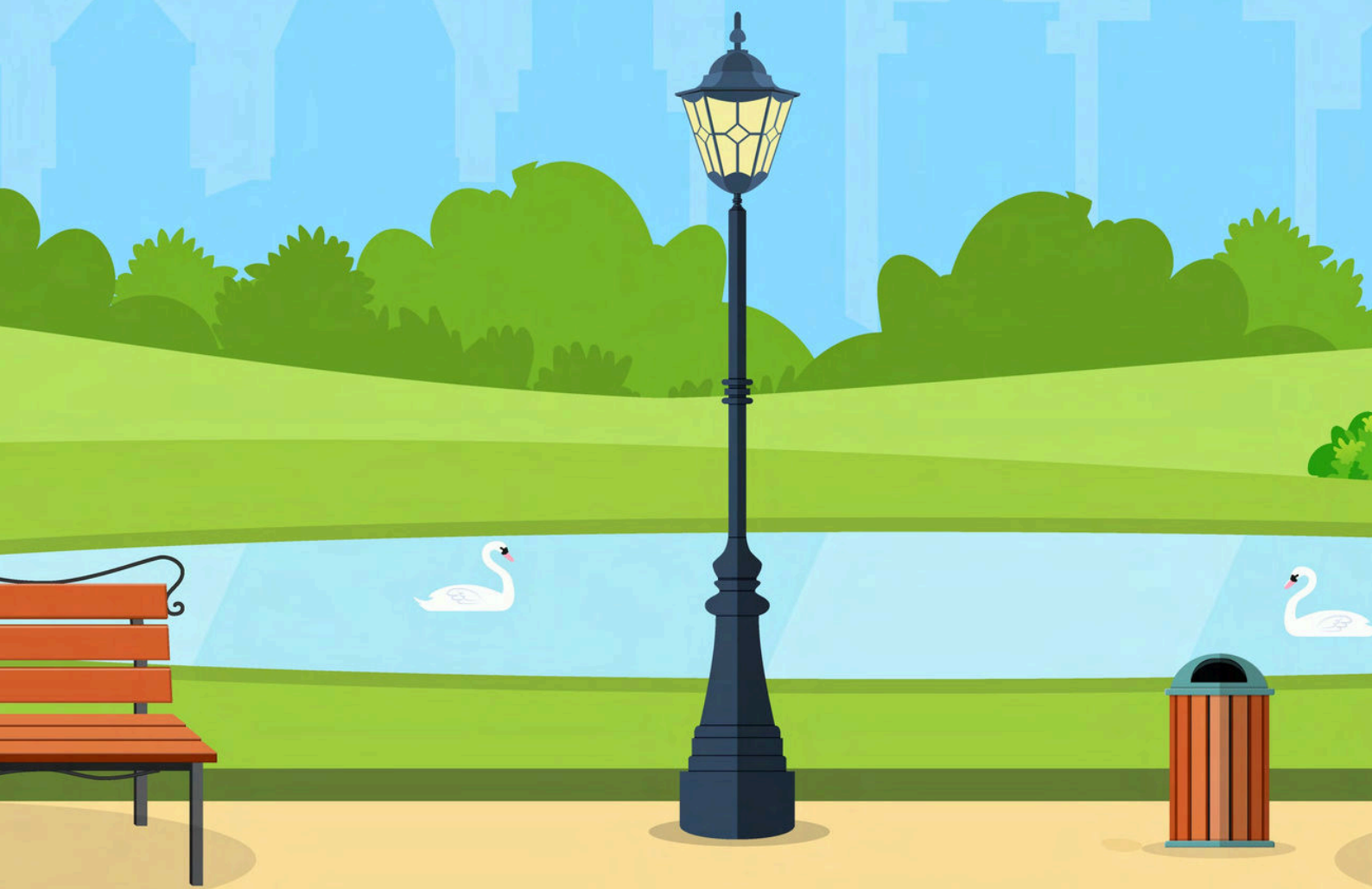


SUMMER 2026

Free & Low Cost Activities in Mid Essex

Find activities & events in Braintree | Chelmsford | Maldon



A practical guide some of the **low cost & no cost** activities for **children, young people and families** this summer

Events are designed for different age groups - please check each listing for age guidance

Developed by the:

MID ESSEX CHILDREN'S PARTNERSHIP

Working together to ensure all children & young people in Mid Essex get the best start in life

In partnership with:



SUMMER 2026 Highlights in

BRAINTREE

18th July

-

31st

August

BRAINTREE MUSEUM TRAILS AND ACTIVITIES

Suitable for all ages

Braintree Museum are offering a variety of trails that can be completed outdoors. These are **free to collect** from the Museum Shop during opening hours: Tuesday to Saturday, 10am–4pm. For more information, call **01376 328868**.



19th Jul

1-4pm

KINETIX ACADEMY - FAMILY MOVEMENT & WELLBEING DAY

Suitable for ages 3+ yrs

This free event for families includes parkour, obstacle courses and more. The indoor venue offers toilets, baby changing, and free parking. A local food van will sell refreshments. Please wear comfortable clothing and bring a refillable water bottle. To book visit www.teamkinetix.co.uk/the-academy



5th Aug

11am-3pm

TEDDY BEAR PICNIC

Suitable for all ages

Join at **Zero 2 Bus Museum (CO9 4HP)** in **Great Yeldham** for a fun-filled community day! Bring your 'favourite Teddy Bear' and a picnic to enjoy games and activities. For more information contact Jayne Laken jayne.laken@ceessex.org.uk or call **07458 300903**



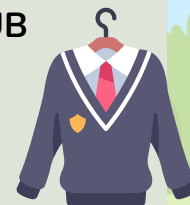
14th Aug

10.30am-
12:30pm

FREE SCHOOL UNIFORM EVENT AT CAROUSEL FAMILY HUB

Suitable for families with school-aged children ages 4-16 yrs

You are invited to pick up free pre-loved school uniform (subject to availability). Local organisations will also be on hand offering information, advice, and support. Please bring a bag. Location **Chapel Hill, Braintree, Essex, CM7 3QZ**



28th Aug

12-5pm

BRAINTREE DISTRICT YOUTH FESTIVAL

Suitable for young people aged 13-19 yrs

A free event at Weavers Park, designed and led by young people in collaboration with Essex Youth Service and Braintree District Council offering fun, creativity, music, dj workshops and live bands.



Find more events and information online:

www.activeessex.org/mid-essex-summer-events/

SUMMER 2026 Highlights in CHELMSFORD



**20th &
21st Jul**
10am-5pm

MARSH FARM SEND FEST

Suitable for aged all ages

Festival for children and young people with SEND and their families, with activities, animals, and entertainment. Tickets from £10. Free tickets also available for eligible Essex residents benefit-related FSM or Universal Credit. Contact kerry@independenceproject.co.uk for more details

**27th -
31st Jul**
10am-12pm
and 1-3pm

PICNIC IN THE PARK

Suitable for 3-11 yrs

Free themed activity days at Melbourne Park. Activities include; sports, games, crafts and food demonstrations. A free lunch is available for anyone accessing benefit-based free school meals. Please book a space via www.chelmsford.gov.uk/picnicinthepark



**22nd Jul
-
21st Aug**
10am-12pm
and 1-3pm

PLAY IN THE PARK

Suitable for 3-11 yrs

A series of free 2 hour play sessions in parks and parish venues around the Chelmsford District. Activities include; sports, games and crafts. Some sessions have additional 'Extras' including inflatables, petting zoos and more. Please book a space via www.chelmsford.gov.uk/play



6th Aug
10.30am-
1pm

FREE SCHOOL UNIFORM EVENT AT CHRIST CHURCH

Suitable for families with school-aged children ages 4-16 yrs

You are invited to pick up free pre-loved school uniform (subject to availability). Local organisations will also be on hand offering information, advice, and support. Location: **Christ Church Chelmsford, 164 New London Road, CM2 0AW**



**24th Jul-
28th Aug**

YOUTH SUMMER SESSIONS

Suitable 11-16yrs

Weekly Gaming Sessions at **Chelmergate Youth Centre CM2 0LG**. These sessions run every Friday from 1pm-4pm during the holidays starting the 24th July. SEND sessions are also running from Galleywood Youth Centre, Contact youthwork@essex.gov.uk for more details.



Need more support?

You can find information relating to advice, services and support for children, young people and families at:

www.essex.gov.uk/children-young-people-and-families/support-children-young-people-and-families

SUMMER 2026 Highlights in MALDON

27th Jul
-
24th Aug

GREEN SPACE GAMES

Suitable for 3-11 yrs

Free outdoor sessions with games and activities across the Maldon District utilising green spaces and local parks. Over 20 dates to choose from. Please visit www.maldoncvvs.org.uk/activities-projects for more information



Fridays
and
1st & 3rd
Tuesdays

COMMUNITY GAMING INITIATIVE

Ages 11-18 (Fridays 5-7pm) Ages 8+ (1st & 3rd Tuesdays 5-7pm)

Aimed at young people who love gaming, these sessions offer a fun, social space to connect with like-minded peers. Sessions are free, new participants need to be registered before entry. Contact gaming@maldoncvvs.org.uk or visit www.maldoncvvs.org.uk/activities-projects for more information



31st Jul
1-3pm

FREE SCHOOL UNIFORM EVENT AT PLANTATION HALL

Suitable for families with school-aged children ages 4-16 yrs

You are invited to pick up free pre-loved school uniform (subject to availability). Local organisations will also be on hand offering information, advice, and support. Location: **Plantation Hall, Colchester Rd, Heybridge, Maldon CM9 4AL**



14th Aug
11am-4pm

U FEST - MALDON PROMENADE PARK

Suitable for all ages.

This free all-day community festival celebrates everything that makes life worth living. Held in the picturesque surroundings of **Maldon's Promenade Park**, U Fest brings local people together in the Maldon District for a day of joy, connection, and wellbeing.



5th, 12th
& 26th
Aug
10am-5pm

YOUTH SUMMER SESSIONS

Suitable for 11-19 yrs

Maldon Youth Club are hosting Summer sessions at **Maldon Activity Centre**.



This guide highlights local activities, support and welcoming spaces — *but it's just a starting point*.

Scan here for more events, activities and local support or visit our website.

<https://www.activeessex.org/mid-essex-summer-events/>

Please note: event details are provided by organisers and may be subject to change. Contact organisers directly for the most up-to-date information, including accessibility.

SCAN HERE

