



What do you want to be
when you grow up?

What's your favourite memory
with family or friends?



What do you like to do
for fun?

What would be your dream
pet and why?



What's your favourite
way to move your body?

Share a fun stretch or
exercise you know!



If you could try any sport,
what would it be and why?

What's your favourite
playground activity?



If you were an explorer,
where would you go today?

What's the most interesting
thing you've found outside?



What sounds can you hear
when you stop and listen?

How does spending time
outdoors make you feel?



What does being kind look
like to you?

Share a memory of when
you have been kind!



What is one small thing you
can do today to be kind?

How could you cheer up
a friend who feels sad?

Write your own questions



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