

LEARN, LEAD & INSPIRE

The Move With Us Leaders Academy has been designed to take young people through a simple three-step journey of learning, leading and volunteering across the academic year.

Step 1: Learn

October '26 - March '27

Once registered, schools will receive the [Move With Us Leaders Academy Toolkit](#) and supporting resources.

STEP
1

Teachers will guide students through the learning programme, developing skills and knowledge in:

- Leadership qualities and behaviours
- Planning and structuring activities
- Observation and feedback
- Officiating and umpiring

Students gain the [confidence and skills](#) needed to become effective young leaders.

Students will:

- Complete up to 6 hours of volunteering
- Reflect on their experiences in learning logs
- Assist extra-curricular clubs and support local county school sporting events'
- Independently plan and lead a session

Students gain [practical leadership experience](#) while making a positive impact through physical activity.

STEP
2

Step 2: Lead

April - May 2027

Young leaders put their learning into practice by [planning and delivering activities](#) within their school or community.

Step 3: Inspire

June - July 2027

Schools [complete the programme evaluation](#) and [celebrate the achievements](#) of their young leaders.

STEP
3

June 2027

- Schools complete the evaluation form
- Student feedback collected
- Case studies and impact stories shared

July 2027

- Students receive their Move With Us Leaders Academy Achievement Certificate

Students who complete a minimum 15+ volunteering hours will receive:

- A Community Club Volunteer certificate
- Additional personal development opportunities and volunteering pathways

Students become [community role models](#), gain [valuable experience](#) and [explore future career opportunities](#) within sport and physical activity.



Extended Leadership Pathway

July - August 2027

Young leaders can continue their development and [apply for additional volunteering opportunities](#) through local community clubs. Active Essex will be able to guide your students to local clubs.