BARCLAYS

GIRLS' FOOTBALL

FIFA WOMEN'S WORLD CUP

2035 Host Country Reveal

ACTIVITY BOOKLET



Name : _____

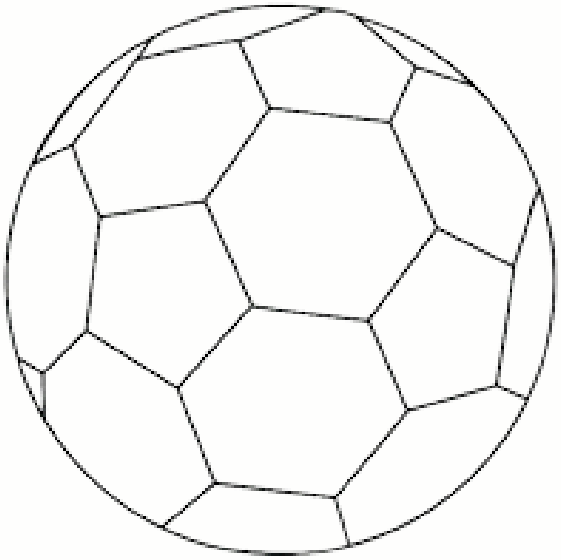
School : _____

ActiveEssex

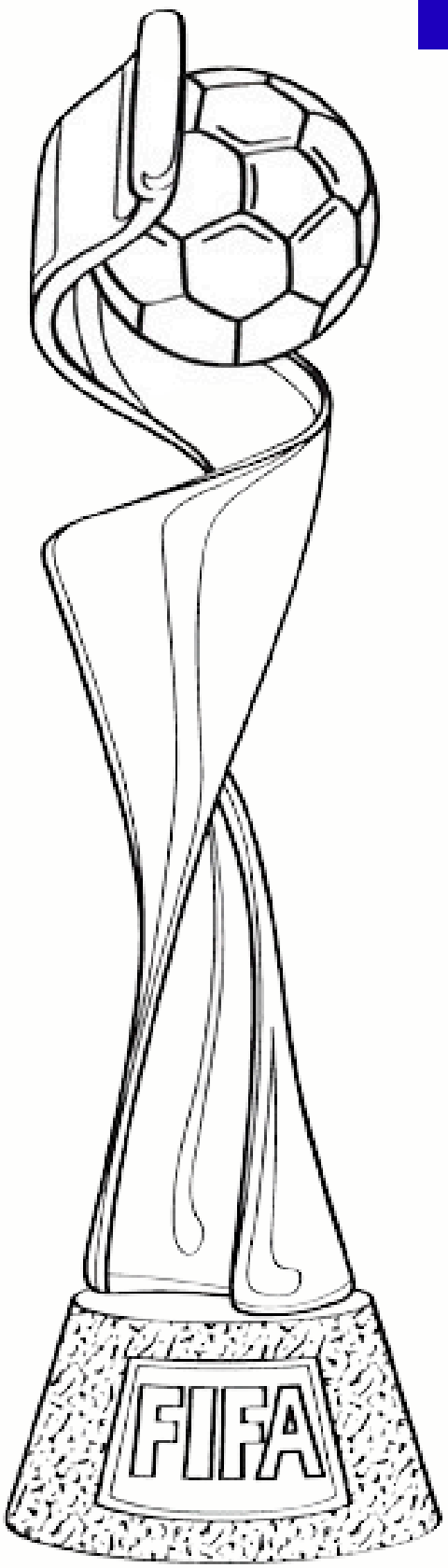
BARCLAYS GIRLS' FOOTBALL IN SCHOOLS BY ENGLAND FOOTBALL

COLOUR ME IN

FIFA has asked you to design the football, boots and trophy for the 2035 Women's World Cup!







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WARM-UP

CHALLENGE

10 Star jumps	Run on the spot for 20 Seconds	Touch your toes 5 times
5 Big arm circles backwards	Balance on one leg for 15 Seconds	Hop on one foot for 10 Seconds
10 High knees	5 Big arm circles forwards	10 Heel flicks
Hop on the other foot for 10 Seconds	Side-step for 10 Seconds	Jump on the spot for 5 Seconds

Warming up helps your muscles get ready to run, jump, kick and change direction quickly during the game.



MOVE

Why not design your very own football warm-up move? Give it a try and even come up with a unique name for it!

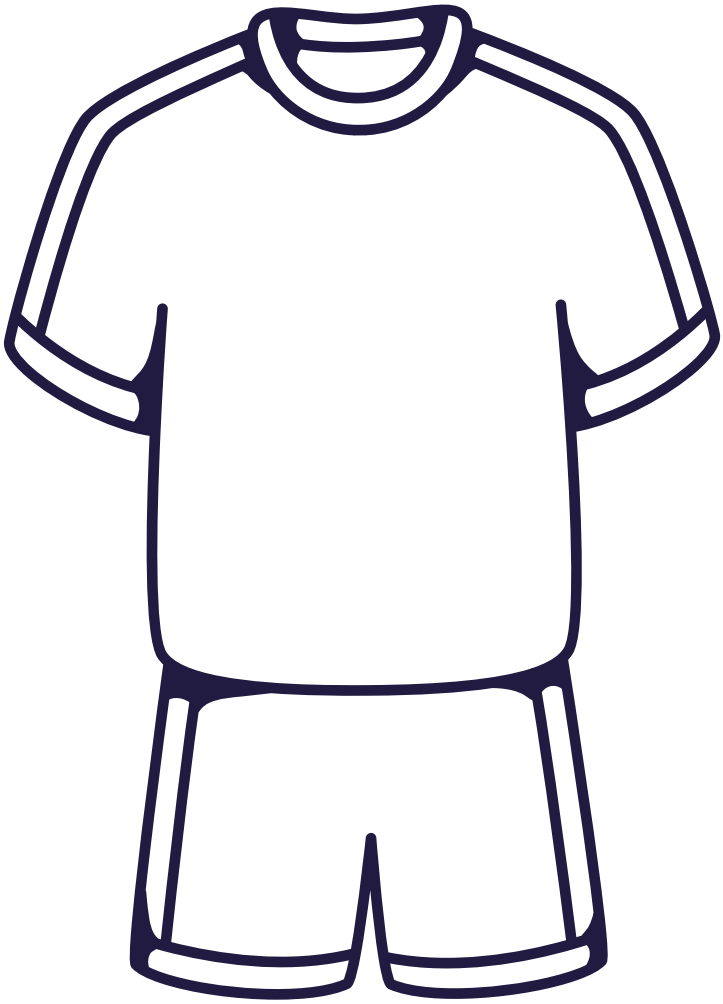
CREATE YOUR OWN TEAM

Unleash your creativity by forming a unique football team! Pick a catchy name, design a cool logo, create a colourful kit, and define what makes your team special!

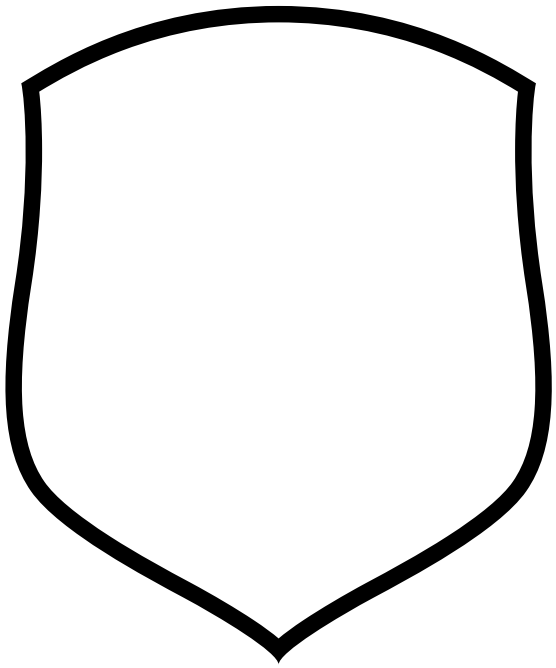
Team name:

What's your team motto or slogan?

Design Your Kit:



Draw your team logo:



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CREATE YOUR OWN MASCOT!



This is Tazuni, the official mascot for the 2023 Women's World Cup in Australia and New Zealand.

Create a mascot for the upcoming World Cup in Brazil!

FOOTBALL

FREESTYLE BINGO!

Balance the ball for 3 seconds	Score a goal	Do 3 kick-ups
Do 5 toe taps	Pass the ball through your legs	Touch the ball with both feet
Run for thirty seconds	Teach someone a football trick	Complete a 360 spin
Do 3 headers	Invent your own celebration	Complete 5 inside-foot touches

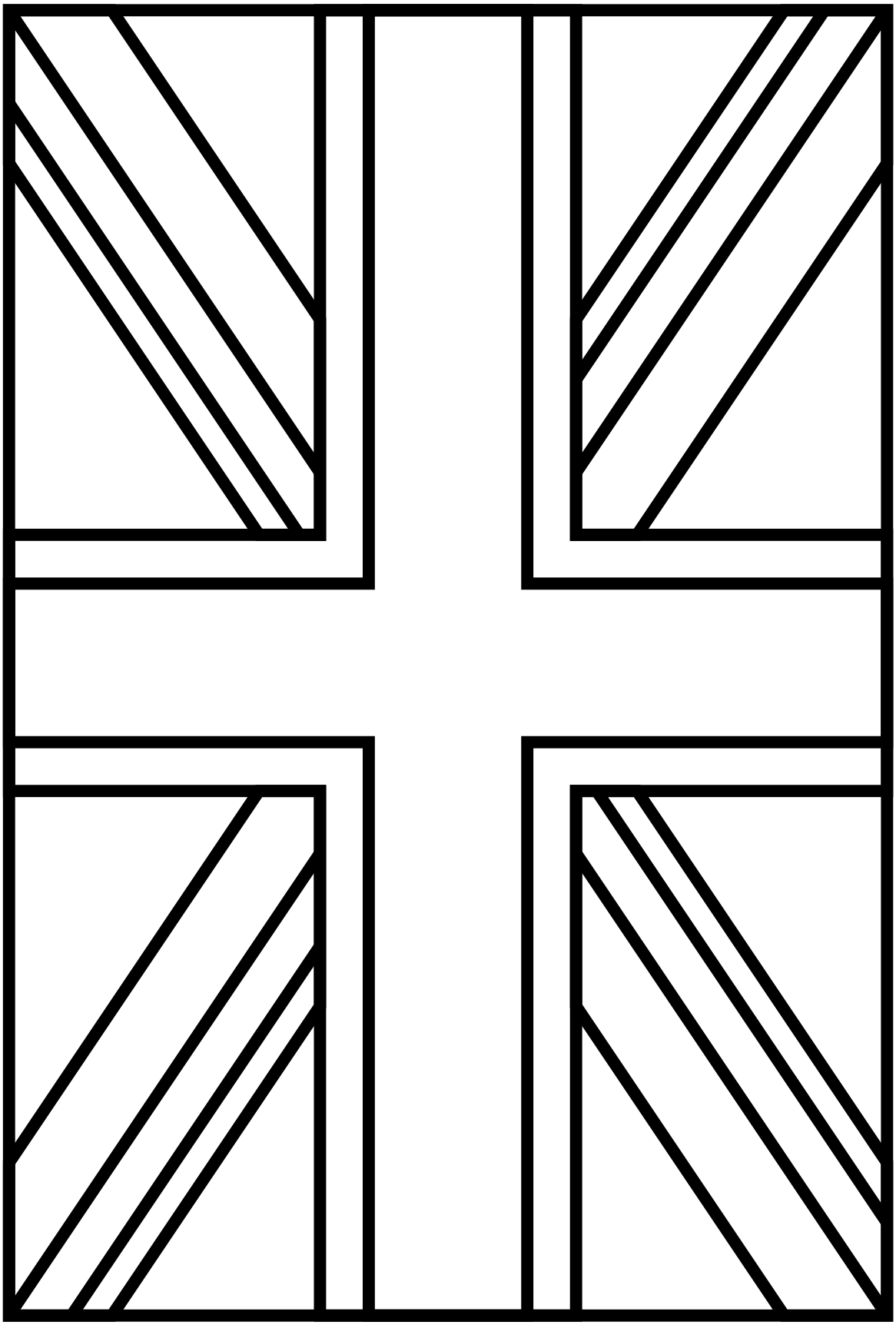


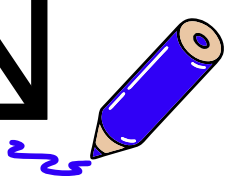
HOW MANY CAN YOU DO IN 60 SECONDS?

COLOUR

THE FLAG

Print this page off, colour in the flag, glue it to a stick, then wave it proud as the host country is revealed!





FOOTBALL SAFETY

CHECKLIST

- [ ] Shin pads packed
- [ ] Hair tied back if needed
- [ ] Water bottle ready
- [ ] Jewellery removed
- [ ] .....
- [ ] .....
- [ ] .....
- [ ] .....
- [ ] .....

Help keep them safe!

Draw a line and match up the football safe actions below!



Colour me in!













Answers: Dripping tap to empty bottle, Shin pads to leg, Whistle to coach

MY TIME

CAPSULE PLEDGE



In 2035, you could be a Lioness, a coach, a referee, or a fan! Tell us what role you'd like to play in the Women's World Cup in 2035, and we'll put them in our time capsule to open when the event rolls around!

My name is:

I am ..... years old

I go to school at:

In 2035, I would like to be:

I promise to work hard and dream big to achieve my goal!

ABOUT

BARCLAYS GIRLS' FOOTBALL IN SCHOOLS

The Barclays Girls' Football in Schools programme is helping more girls across Essex get involved in football. Delivered by Barclays, Youth Sport Trust and The FA, the programme aims to give every girl the chance to play, lead, coach and enjoy football in a fun and inclusive environment

DID YOU KNOW?

1. **Football can help build confidence, teamwork and leadership skills.**
2. **The programme supports girls of all ages and abilities, including SEND participants.**
3. **It is part of the Made For This Game movement, encouraging more girls to get involved in football.**

KEEP THE FOOTBALL FUN GOING!

Find local football activities and discover more opportunities to get active by visiting:

www.activeessex.org/children-young-people/girls-football-hubs/

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